

*Experience Cortes Island*



2016

# Cortes Island Information





# DEAR VISITORS!

## Cortes Island Welcomes You!

For thousands of years this picturesque island has been used seasonally by Coast Salish People. Today it is part of the traditional lands of the Klahoose First Nation with their village of T'oq in Squirrel Cove.

In the mid-1800s whalers came for a short while then left, leaving a 'town' and a bay named after them. Miners came to prospect, loggers and trappers came to harvest but none stayed. Later in the 1880s Europeans began settling on Cortes Island - as farmers, fishermen, loggers, machinists and storekeepers.

It wasn't until the 1920s that tourists finally discovered Cortes and arrived by boat or seaplane to experience the peace and pristine environment of sandy beaches, coastal rainforests and quiet coves. Artists and writers came in search of freedom and inspiration. Some stayed to struggle with making a viable living. Others came to enjoy holidays on a piece of paradise purchased, then moved here to live after retiring. Today many residents live on Cortes to enjoy the solitude and wilderness. They actively protect their remoteness giving a spirit of place to Cortes, living respectfully together with coast rainforest, wolves and cougars. It is a lifestyle close to nature, the forest and the sea.

Cortes sits at the north end of the Salish Sea in the mouth of Desolation Sound, a world renowned destination for sailing and cruising with the warmest ocean waters north of Mexico. Tides flood and recede around either end of Vancouver Island, meeting in this middle area tucked behind the bigger island without flushing through. Add in the fact Cortes Island sits in Vancouver Island's rain shadow, receiving relatively little annual precipitation. This makes Cortes waters some of the best shellfish growing sites in the world and supports a large aquaculture industry here. Cortes oysters, clams, mussels and scallops are famous in restaurants around the world.

With many parks and hiking trails to enjoy through mixed forests with virgin old growth, over rocky bluffs, impressive fjords, lakes, sandy beaches, expansive tidal flats and lagoons, there is much to explore on Cortes. These varied habitats support a great diversity of plants, animals, birds and some reptiles and amphibians.

Visitors come here for the abundant wildlife, amazing vistas of coastal mountains, lakes, kayaking, canoeing, swimming, beachcombing, fishing, hiking, cycling, close encounters with nature and celestial gazing - you've never seen so many stars! And then there are the light curtains of the aurora borealis to be seen.

The Cortes Island Museum & Archives on Beasley Road in Manson's Landing has exhibits of natural, geological, social and First Nation histories. You can also find maps, a driving tour booklet and lots of visitor information at the Museum, some of it always available on the porch there.

There are stores, cafes, restaurants, take-outs, post offices, ATMs, craft store, studios, art gallery, health centre, motel, lodge, marina, campgrounds, farmers' markets, B&Bs and a retreat centre to help you indulge yourself. Check out the Free Store at the Cortes Recycling Centre where still useful items of all sorts are "up for grabs". The roads on Cortes are rated in cycling magazines as "extreme" due to their winding, narrowness and hills. Keep an eye out for our small island deer along the roads - they're unpredictable!

The local knowledge in this information book will help you experience Cortes Island to the full and find some interesting places to explore.

We hope you have a marvelous time visiting our island paradise and look forward to having you return for future visits. But, beware: it is said on your third visit to Cortes you will start looking for property to purchase!

Lynne Jordan, President  
Cortes Island Museum & Archives Society

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## This Information Book

is on sale or/and on display  
in several places on Cortes Island:

Participating vacation homes  
Natural Food Co-op  
Cortes Museum  
Cortes Market  
Hollyhock  
T'ai Li Lodge  
Gorge Harbour Marina and Resort  
Squirrel Cove General Store  
Vancouver Yacht Club  
Seattle Yacht Club  
and more...  
also, in some locations on  
Quadra Island and in Campbell River

## Pictures on Cover

Steve Musial  
Newt-Gina Trzesicka

## Dear Visitors

I hope you find this book useful.

Please consider using services of businesses featured here,  
thus supporting this publication.

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## Print House

Kask, Campbell River

Eleventh Annual Edition of the Cortes Island Information Book  
See the book on-line at:  
[www.issuu.com/cortesinfobook/docs/cortes\\_island\\_information\\_book](http://www.issuu.com/cortesinfobook/docs/cortes_island_information_book)

## EMERGENCIES

AMBULANCE / First Aid / Rescue . . . . . 911  
HOSPITAL (CAMPBELL RIVER) . . . . . 250-850-2141  
MEDICAL - Cortes Health Centre, 945 Beasley Road . . . . . 250-935-6718  
Monday - Friday: 9 am - 12 noon, 1 - 4 pm

POLICE / RCMP . . . . . 911  
Non-emergency: Quadra Island . . . . . 1-250-285-3631  
Toll free . . . . . 1-866-888-0088

FIRE (in-house) . . . . . 911  
Non-emergency: Mansons Firehall . . . . . 250-935-6779  
Non-emergency: Whaletown Firehall . . . . . 250-935-6600

**FOREST FIRE** . . . . . 1-800-663-5555  
On most cell phones: . . . . . \*5555  
Permits (Burn Registration Line): . . . . . 1-888-797-1717

**SEARCH AND RESCUE** Emergency Only, 24 hrs . . . . . 1-800-663-3456

## MARINE MAMMALS IN DISTRESS

If you see marine mammals in distress on the beach, please call the toll-free reporting hotline, 7 days a week at: . . . . . 1-800-465-4336

**OTHER EMERGENCIES, HELP LINES and WEATHER** - SEE LOCAL PHONE BOOK:

Local phone books . . . . . [www.islandphonebooks.ca](http://www.islandphonebooks.ca)

Note

- To call Quadra Island from Cortes – dial *1-250-local-number*
- To call Campbell River from Cortes – dial *250-local-number* (considered “local phone”)

## POST OFFICES

WHALETOWN VOP 1Z0 - at the Whaletown dock

Monday, Wednesday, Friday . . . . . 7:30-10:30 am, 1-4 pm  
Tuesday (no mail in/out) . . . . . 9-12 noon  
Cut off for mail out . . . . . 8:30 am

MANSONS LANDING VOP 1K0 - in Mansons Hall, Beasley Road

Monday, Wednesday, Friday . . . . . 7:30-11 am, 2-4:30 pm  
Tuesday (no mail in/out) . . . . . 9-12 noon  
Cut-off for mail out . . . . . 9:00 am

SQUIRREL COVE VOP 1T0 - in Squirrel Cove Store

Monday - Friday . . . . . 9 am-5 pm

## BANKS - ATMS

The closest bank, Costal Community Credit Union, is located on Quadra Island in Quathiaski Cove, 657 Harper Road . . . . . 1-250-285-3327

There are three ATMs on the island:

- Squirrel Cove Store • Cortes Market in Mansons • Cortes Food Co-op in Mansons

# GETTING HERE

There are many ways to get to Cortes Island:

## Air to Campbell River or Comox

- Central Mountain Air
- Pacific Coastal Airlines
- Westjet

## Floatplane

- Corilair
- Kenmore Air Seaplanes
- Van City Seaplanes

## Water Taxi

- Cortes Fishing Adventures
- Discovery Launch Water Taxi
- Lund Water Taxi

## Bus (Nanaimo - Campbell River)

- Islandlink
- Greyhound

## Local Transport

- Cortes Connection
- Quadra Taxi



While on Cortes, you may not want to use a car. You can bring your bike with you, or get them here - see **Quadra Bikes** or **Dandyhorse Bikes**.

*From far away* - fly to Vancouver, or Comox, or Campbell River.

-From Comox airport - there is an airport shuttle to take you to Campbell River.

-From Campbell River airport - book your ride with **Cortes Connection**, or take a taxi to the ferry terminal, or use airport shuttle.

*From Campbell River, Vancouver, or Seattle* - you can take a float plane directly to Cortes.

*From Campbell River or Lund* - you can take a water taxi. See **Discovery Launch Water Taxi**, or **Lund Water Taxi** information in this book.

*From Vancouver* - take BC ferry to Nanaimo, then drive or bus to Campbell River.

Islandlink is a popular bus connection - book your tickets on-line.

It takes 2 hours to drive or bus from Nanaimo to Campbell River.

*From Campbell River to Cortes* - take a float plane, water taxi, or BC ferries. Contact **Cortes Connection**, **8 Lane Delivery**, or **Quadra Taxi** to book your local land travel.

In peak season, try to avoid the last Cortes connecting ferry, as the ferry has limited capacity and you risk getting left behind on Quadra Island (during summer the ferry may be full).

In this book you can find contact information for the following providers: **8 Lane Delivery**, **Corilair**, **Discovery Launch Water Taxi**, **Lund Water Taxi**, **Quadra Taxi**, **Quadra Bikes** and **Dandyhorse Bikes**.

## CORTES WEBSITES

For general information, maps, photos, trip planning, accommodation, dining, excursions, shopping and MORE see CIBATA (Cortes Island Business and Tourism Association) website, [www.ourcortes.com](http://www.ourcortes.com).

For local news, community bulletin board, picture gallery, island event calendar, lost and found, etc. see Tideline, our local community website, [www.cortesisland.com](http://www.cortesisland.com).

For history of Cortes and events organized by the Cortes Island Museum & Archives, Misty Isles cruises, and more, see Museum's website, [www.cortesmuseum.com](http://www.cortesmuseum.com).

For information on Klahoose, First Nations on Cortes Island, see [www.klahoose.org](http://www.klahoose.org).

## TOURIST INFORMATION BOOTH

- is located downtown Mansons Landing in the Cortes Island Museum & Archives, at 957 Beasley Rd. The information booth has maps and brochures, and the host can answer your questions about Cortes Island and its surroundings. Call 250-935-6340 or visit [www.cortesmuseum.com](http://www.cortesmuseum.com).

## CORTES COMMUNITY RADIO - CKTZ FM 89.5

Tune to our island's own radio station to enjoy a wide range of music and spoken word programming, or listen on line at [www.cortesradio.ca](http://www.cortesradio.ca).

## LINNAEA FARM

Linnaea Farm is a 316 acre working farm that exists to teach, demonstrate and develop the values and practical skills of ecological land stewardship. Linnaea Farm is host to many educational offerings throughout the year, has a 30 family share CSA (community supported agriculture), and provides fresh vegetables and fruit at Manson's Hall weekly farmers market and the Cortes Natural Food Coop. Linnaea Farm hosts **Dawg Dayz**, an annual disc golf tournament in August, as well as weekly games at the public course. Call/email to organize a tour, take a workshop, stay on the farm, or get a weekly basket of fresh produce. For more information email [info@linnaeafarm.org](mailto:info@linnaeafarm.org), call 250-935-6747, or check the website [linnaeafarm.org](http://linnaeafarm.org). See inside the book for workshops organized this summer.

## PUBLIC LIBRARY

Vancouver Island Regional Library Cortes Island Branch is located on 1255 Seaford Road (Linnaea Farm) and is open Tuesday 10-12 am & 1-5 pm, Wednesday 1-4 pm & 5-8 pm, Friday 1-5 pm, and Saturday, 10 am-2 pm. You may find books to read in Mansons Hall and other places, available to borrow on an honour basis (borrow, read, bring back).

## FIRE AWARENESS

We are a small island covered with trees and one of our greatest concerns is fire, especially during summer season. We have volunteer fire brigades with fire halls in Mansons Landing and Whaletown.

Please observe the fire ban that is in effect from May 15th on. Call 911 if you see any unattended fires on the island. Thank you for keeping our island safe together with us!

### General Fire Safety

- If you are a smoker, when smoking outdoors, dispose of cigarettes and matches properly. Do not toss lit matches or cigarettes out of your car window **ever** – use your ashtray.
- To use an outdoor stove or barbeque – keep the stove a safe distance away from flammable materials. Make sure briquettes and ashes are cold to the touch before disposing of them.
- To report a forest fire call **1-800-663-5555** or **\*5555** from a cell phone.

# BC FERRIES

Coming to Cortes is part of the fun of being here. You can fly, drive, bike, hitchhike, take a bus, a taxi, or a water taxi. Check this book's ads for more information on some of our transportation providers, with more on the **Getting Here** page.

There are two BC Ferries crossings between Campbell River and Cortes Island.

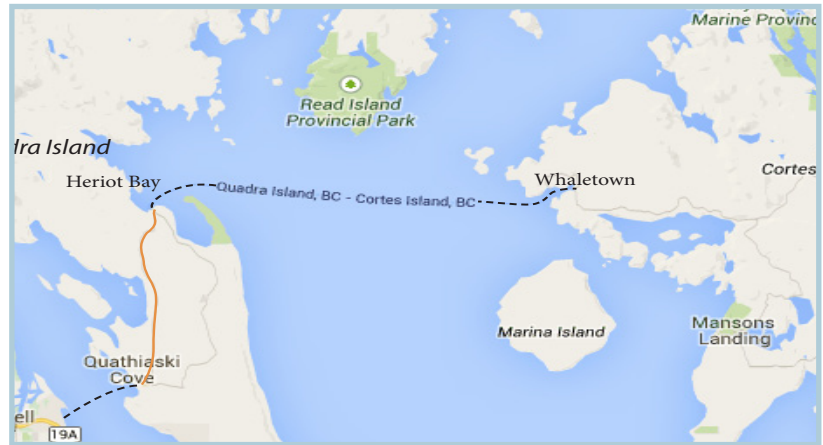
- 10 min (1.8 nautical miles) crossing from Campbell River to Quadra Island, Quathiasi Cove terminal, onboard of Power River Queen (85m long, 68 cars and 400 passengers), and
- 45 min (6.2 nautical miles) crossing from Quadra Island, Heriot Bay terminal to Cortes Island, Whaletown, onboard of Tenaka (47m long, 30 cars, 150 passengers).

When taking BC Ferries from Campbell River to Cortes, you pay for a round trip at Campbell River terminal. Mention Cortes Island as your destination. You will be directed to lane 7. Keep the THRUFARE portion of your ticket to show the ferry attendant at the Cortes ferry.

On Quadra Island, you will have to drive 8 km from Quathiasi Cove north to Heriot Bay, take a taxi - call Quadra Taxi, or use your bike. Look for "Cortes Ferry" signs, or just follow the stream of cars from one terminal to the other. There is just enough time allowed for driving from one terminal to the other. And be patient - you are already on the island time. If you miss one ferry to Cortes, there is another one soon. If you miss the **last** ferry to Cortes, but there are several cars waiting, chances are the captain of the Cortes ferry will come back to pick you up.

When going back from Cortes to Campbell River, you do not need to show your ticket. On Cortes arrive at least one hour before departure time to claim your space in the line (then go for a coffee to Lloyds Family Ferry Take-out, when waiting.)

If planning your time is important, please check BC Ferries schedule on-line.



BC Ferries - Campbell River - Quadra Island			
Monday to Friday		Saturday & Sunday	
Leave CR	Leave Quadra	Leave CR	Leave Quadra
6:40 am *	6:20 am *	7:30 am	7:05 am *
7:30 am *	7:05 am *	8:20 am xS	7:55 am xS
8:30 am	8:00 am	9:20 am	8:55 am
9:30 am	9:00 am !!	10:15 am	9:50 am
10:30 am	10:00 am	11:15 am	10:45 am
11:30 am	11:00 am	12:15 pm	11:45 pm
12:30 am	12:00 am	1:15 pm	12:45 pm
1:30 pm	1:00 pm	2:15 pm	1:45 pm
2:30 pm	2:05 pm	3:30 pm	3:00 pm
3:30 pm	3:00 pm	4:30 pm	4:00 pm
4:30 pm	4:00 pm DC	5:25 pm	5:00 pm
5:25 pm	5:00 pm	6:15 pm !	5:50 pm
6:15 pm !	5:50 pm	7:30 pm	7:00 pm
7:30 pm	7:00 pm	8:30 pm	8:00 pm
8:30 pm	8:00 pm	9:45 pm	9:15 pm
9:45 pm	9:15 pm	10:45 FS	10:15 FS
10:45 pm FS	10:15 pm	! Last connection to Cortes	
BC Ferries - Cortes Island - Quadra Island			
Monday to Friday		Saturday & Sunday	
Leave Cortes	Leave Quadra	Leave Cortes	Leave Quadra
7:50 am *	9:05 am	7:50 am xSu	8:50 am xSu
9:50 am	11:05 am DC	9:35 am	10:50 am
11:50 am	1:05 pm	11:35 am	1:05 pm
1:50 pm DC	3:05 pm	1:50 pm DC	3:05 pm
3:50 pm	5:05 pm	3:50 pm	5:05 pm
5:50 pm	6:45 pm	5:50 pm	6:45 pm
* Except Dec. 25 and Jan. 1 DC Dangerous Cargo-Tuesdays !! Busy, local traffic		FS - Friday and Saturday only xSu - Except Sunday ! Last connection to Cortes	
Feb 9, 2015 - March 31, 2017. Schedule subject to change without notice.			
<a href="http://www.bcferreries.com/schedules/northern/">http://www.bcferreries.com/schedules/northern/</a>			

**LLOYD'S SEASONAL FAMILY "TAKE-OUT"**  
**260 HARBOUR ROAD, WHALETOWN**  
**(ADJACENT TO THE VEHICLE LINE-UP FOR THE FERRY)**

**2016 HOURS OF OPERATION:**

**May 23<sup>rd</sup> - June 30<sup>th</sup> (Monday to Friday: 8:30 a.m. to 5:00 p.m.)**  
**July 1<sup>st</sup> – Sept. 10<sup>th</sup> (Monday to Saturday: 8:30 a.m. to 5:00 p.m.)**  
**CLOSED SUNDAYS**



**MENU**

**-A VARIETY OF HOT AND COLD DRINKS, INCLUDING EL SALVADORAN COFFEE FROM BECCA'S BEANS, DIFFERENT TEAS INCLUDING ORGANIC ROOIBOS CHAI AND HONEYBUSH FROM THE "GATHERING PLACE", LOCALLY BAKED GOODS AND PRE-PACKAGED SNACKS –**

**-ENJOY THE VIEW FROM OUR DECK WHILE WAITING FOR THE FERRY-**

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*Please note that this is not a commercially zoned operation so no fast foods, such as hamburgers and fries, are served from this location. There are also no public washrooms.*



## PROVINCIAL PARKS

Parks of Cortes Island include **Smelt Bay Provincial Park** (the only park with camping facilities), **Mansons Landing Provincial Park**, **Von Donop Marine Provincial Park**, **Hank's Beach**, **Carrington Park**, **Kw'as Park**, and the latest additions, **Whaletown Commons** in Whaletown and **Whale's Rest Park** - near the ferry terminal. They offer good trail networks. Trails maps are available at trail heads. Camping is also available in Gorge Harbour Marina, the Dorje Ling on Oke Rd, and at Hollyhock (check with Hollyhock registration).

## WALKS

The Cortes Island regional parks system is a wonderful and growing network of trails and protected spaces including beach access points, the Siskin Lane trails, Hank's Beach, Carrington, Kw'as park, and more. Many small roads lead to private property - stay on trail and respect homeowners' privacy.

Some easy trails:

**Siskin Lane** trails - a network of easy trails thru Siskin forest, suitable also for bike rides.

**Smelt Bay** beach and trail - long walk along the beach. You can walk from Hank's Beach to Mansons Landing - but this will take you an entire day. Check the tides before you go - and walk at low tide.

**School-to-Sea** trail - from Mansons school to Mansons Lagoon. There is a nice interpretive book for this trail in the Cortes Museum store, produced by local children with co-operation of Klahoose elders.

Some more difficult trails:

**Kw'as Park** trails - ecologically-diverse stands of new and old growth forest with some easy, some more challenging parts. You can include a swim with your hike at Swimmers Rock.

**Green Mountain** (240m) and **Easter Bluff** (180m)-moderately difficult, with great views of BC coast.

There are many more trails to explore. See Trail Map brochure produced by **Friends of Cortes Island** with sponsorship by local businesses and available in local stores, containing the map featured on previous page. You can also join Cortes Walking Group - walks start at Mansons Hall parking lot, 9:00 am, every Monday, Wednesday and Friday (post office days).

## BEACHES AND BEACH ACCESS POINTS

**Hague Lake** - sandy, family oriented beach. Park your car at the parking lot on Seaford Road, between motel and Mansons, cross the road paying attention to traffic on the road.

**Mansons Lagoon** - sandy beach with big tidal differences at the north end of Sutil Point Road.

**Hank's Beach** and **Birgitte's Beach** - small, but beautiful beaches, accessible on foot or by bike - leave your car at the parking lot at Bartholomew Rd. and walk 20 min through the forest.

**Smelt Bay Beach** - close to Smelt Bay Provincial Park, with wide sandy beach and Sand Castle Day.

Our beaches can also be accessed via these beach access points:

- **Seascape Road** access - at the end of Seascape Road
- **Hayes Road** access - from Potlach Road, at the end of Hayes Road
- **Moon Trail** access - from Highfield Road, close to Hollyhock
- **Gnat Trail** access - just past the Squirrel Cove store, towards the Free Store.

## CANOE, KAYAK & FISHING

You can canoe and kayak on Hague and Gunflint lakes, also in the protected waters of Mansons Lagoon. To explore more, contact your local guided tour providers - **Misty Isles Adventures** - mistyislesadventures.com or **Cortes Fishing Adventures** - cortesfishingadventures.com.

# CORTES DAY

Smelt Bay Provincial Park in July



## EVENTS

Events are usually posted on the bulletin boards at the stores, Manson's Hall, and at the post offices. They are also announced on Tideline: [www.cortesisland.com](http://www.cortesisland.com), [www.ourCortes.com](http://www.ourCortes.com), and in the Cortes Marketer, the weekly flyer available in the Cortes Market.

Check bulletin boards for exact dates and for additional events, as not all information is available at the time of printing this book.

### Farmers Markets

- are regular events with local art&crafts, food, fish... Meet the artists and craft people.

**Friday Market** (year around) in/around **Manson's Hall**, 12 - 3 pm

**Saturday Market** (summer, June - Labour Day) in **Gorge Marina Resort**, 10 am - 1 pm

**Sunday Market** (summer, June - Labour Day) in **Squirrel Cove**, 12:30 pm - 3 pm

### Annual events

**Seafest - Oyster Festival** - Saturday, May 21, in the Gorge Harbour Marina, 11:30 am.

Lots of fun, music, delicious food. All welcome! Come early! Bring your appetite!

**Creative Spaces: Gardens, Studios, Workshop Tour** - Saturday, June 25, 9:30 am - 4:30 pm.

Fundriser for the Cortes Island Museum and an opportunity to visit local homes, studios and gardens.

**Cortes Day** - Saturday, July 16 (weather permitting). Fun for all! Parade starts at 10:30 am at the corner of Potlach Road and Sutil Point Road. Locals and tourists are welcome to join. From 11:00 am on, all kinds of activities, food and drink at Smelt Bay Provincial Park.

**Sand Castle Day** - Saturday August 20, Smelt Bay Provincial Park. Date is chosen for the lowest tide. Lots of fun for kids of all ages! Come and build a structure on the beautiful sand beach at Smelt Bay. Registration at 9:00 am. Bring your tools. Judging between 12:00 noon and 1:00 pm Prizes!

**Old Schoolhouse Art Gallery** in Whaletown - Fridays 6 to 9 pm, Saturdays and Sundays 2 to 6 pm, from June to August, offers exhibits of local artists. Check bulletin boards for dates and shows.

### Daily events at Gorge Harbour Marina Resort

There is always something happening at Gorge Harbour Marina Resort...

- Live music 5 nights a week, July and August,
- free kids movie night every Thursday, July and August,
- Canada Day pancake breakfast,
- and, of course, SeaFest, May Long Weekend.

**Hollyhock Presenter Evenings** - happen every week in Hollyhock. Look for notices on Tideline.

**Quadra Island Studio Tour** - beginning of June. Great opportunity to meet the creative people and explore Quadra Island. Check Quadra Tourist Information Centre for details.

## SHELLFISH

Beaches of Cortes Island - Mansons Landing, Squirrel Cove, Smelt Bay - are good places for collecting clams and oysters. You will need a small, long handled spading fork or shovel for digging in the sand, plus shellfish licence, available on-line <http://www.env.gov.bc.ca/bcparks/explore/fishreg.html> - look for Tidal Waters Sportfishing License. For taste of local shellfish, without digging, come to the Oyster Festival in Gorge Marina Resort in May, or Hollyhock dinner preceded by oyster barbecue appetizer (call Hollyhock to reserve your space - oyster BBQ appetizers are included with some dinners).

## SHOPPING

You will find enough stores on Cortes to satisfy most of your shopping needs:

### MANSONS LANDING

#### **Cortes Market** (250-935-6626)

- “downtown” Mansons - amazing assortment of groceries, beer and wine, household, hardware and personal care products. Also tea, coffee, espresso, sandwiches made to order, deli items, and more...  
Lotto centre.

#### **Cortes Museum** (250-935-6340)

- “downtown” Mansons, between Fire Hall and Medical Centre - offers books by local writers and on local topics, postcards, local arts, and it is also a Tourists Information Booth.

#### **Cortes Natural Food Co-op** (250-935-8577)

- “downtown” Mansons Landing - fresh, organic, local vegetables, local meat and seafood (frozen), bakery with products baked on premises, local crafts and more. Also coffee, home made soup, lunches, pizza nights, etc.

#### **Fairhaven Gardens** (250-935-6559)

- 1188 Bartholomew Rd., Fairhaven Gardens Nursery is open for the season every Friday and Saturday from 10am to 4pm, from leaf burst in April through leaf fall in October. Cortes Island’s own nursery, surrounded by beautiful ornamental and food gardens.

#### **Hollyhock Store** (250-935-6576)

- in the south end of Mansons, offers large selection of art and craft products, beautiful clothing and interesting books.

#### **Marnie’s Books** (250-935-0212)

- “downtown” Mansons, next to Cortes Natural Food Co-op, offers interesting selection of books and local crafts.

#### **Pharmacy, Cortes Health Centre** (250-935-0222)

- “downtown” Mansons, for over the counter medication. You can also drop off your prescription there. Open Wednesday and Friday, 2-4.

### SQUIRREL COVE

**Cortes Craft Shop Co-op** open seasonally (check the ad), offers large selection of local arts and crafts.

#### **Squirrel Cove Trading Co. Ltd** (250-935-6327)

- with fresh vegetables, beer and wine, marine and hardware supplies, gas, and more...

### WHALETOWN

#### **Gorge Harbor Marina** (250-935-6433)

- grocery store, local veggies and seafood, wine & beer, gas.

#### **Whaletown Garden Centre** (250-935-6545)

- 315 Harbour Road. “one-stop, candy shop” for gardeners. Open Thursday through Sunday 11 to 5.

### FARMERS MARKETS

Mansons - Fridays, Whaletown - Saturdays, Squirrel Cove - Sundays. See **Events** page.

### GAS

Diesel and boat gas, also regular gas, are available at the **Gorge Harbour Marina** in Whaletown and at **Squirrel Cove Store** in Squirrel Cove.

# Marnie's Books

In the heart of  
Manson's beside the  
Co-op Café & Bakery  
and the Cortes Natural  
Foods Co-op



Come in for books, games,  
art & craft supplies and  
unique upcycled clothing!

## HOURS

Noon to 5PM

## OPEN

- **Summer & December -**  
*open every day*
- **Rest of the Year -**  
*Wednesday, Friday, Saturday*

- ✓ BOOKS
- ✓ ART & CRAFT SUPPLIES
- ✓ GAMES FOR ALL AGES
- ✓ UPCYCLED CLOTHING

## **Contact**

Phone: 250-935-0212

Email: [marniesbooks@gmail.com](mailto:marniesbooks@gmail.com)

Location: Manson's Landing

## EATING OUT

Cortes has a few places to eat-out: two restaurants, a café, three take-outs... They offer mostly organic food with many items on the menu coming from Cortes produce. A great place to get something to eat & go are also weekend markets in Mansons, Squirrel Cove and Gorge Marina. See below for places to sit down and eat on Cortes, plus some other options...

### MANSONS LANDING

#### **Cortes Co-op Bakery** (250-935-6505)

Mansons Landing, 800 Sutil Point Road, next to Co-op store, open daily, year-around.  
Coffee & espresso, locally baked goods, mostly organic ingredients, inside and outside sitting.

#### **Cortes Market** (250-935-6626)

Mansons Landing, 809 Sutil Point Road, open year-around. Sandwiches, local baking, outsourced calzones, samosas, sausage rolls and meat pies. Coffee & tea, organic espresso, cappucino and latte.

#### **Market Take-out** (250-935-0075)

Mansons Landing, next to Cortes Market, seasonal. Burgers, tea, coffee, ice cream.

#### **Hollyhock** (250-935-6576)

Mansons Landing, south end, waterfront, reservation required, seasonal, beautiful garden.  
Vegetarian and seafood, no liquor license, but you can bring your own wine.  
Call to book your oyster bbq appetizer to complement your dinner (available on certain days only).

### WHALETOWN

#### **The Floathouse Restaurant** (250-935-6433)

Gorge Harbour Marina, Whaletown, waterfront, liquor license, seasonal, with some winter activities - call for more information, reservations recommended. Great views.

#### **Lloyd's Seasonal Family "Take-out"**

Next to Cortes ferry, 260 Harbour Road, Whaletown, Mon to Fri, 9 am - 5 pm, seasonal. Beverages, baked goodies, snacks, limited outside sitting. Nice to visit any time, perfect for a coffee while in the ferry line-up.

### SQUIRREL COVE

#### **Squirrel Cove Take-out**

Next to Squirrel Cove Store, seasonal. Affordable fast food menu with difference: local seafood, gluten free items, burgers of all kinds, kids' favs, and much more!

#### **The Cove Restaurant** (250-935-6350)

Close to Squirrel Cove Store, seasonal. Great views, waterfront. Reservations recommended.

### QUADRA ISLAND

There are several places to eat-out on Quadra. You will need to leave Cortes early, and come back late afternoon, allowing for a 45 min ferry ride each way. If you have time, it is worthy doing, as ferry trip is quite enjoyable. When coming to Cortes or leaving Quadra, you may visit **Quadra Lovin' Oven and Pizzeria** (1-250-285-2262) - a beautiful pizzeria with a wide selection on the menu, located in the Cove Plaza, 5 minutes from the ferry terminal in Quathiaski Cove (Liquor license, year-around).

While waiting for the Cortes ferry - take a break in Heriot Bay Inn, located close to ferry terminal. You can also leave your car on Cortes, take Cortes-Quadra ferry and go to Heriot Bay Inn for a meal. Remember - last ferry from Quadra to Cortes is 6:15 pm.

**OPEN  
YEAR ROUND**



# Gorge HARBOUR

1374 Hunt Road

**250-935-6433**

**WWW.GORGEHARBOUR.COM**

**MARINA - CAMPGROUND - ACCOMMODATIONS - STORE - DINING**

Boat Moorage - Marine Gas & Diesel - Full RV Hookups - Newly Renovated Rooms - Tent Camping - Pool  
Full Service Grocery Store - Excellent Variety - Large Fresh Produce & Meat Section - Local Produce - Liquor Sales  
Licensed Dining - Wireless Internet - Laundromat - Showers - Propane - Car Gas - Kayak, Boat & Vehicle Rentals



## *Floathouse restaurant*

*Located on Cortes Island's Gorge Harbour  
Fine dining featuring local seafood*

**Seasonal Menus ~ Chef's Daily Specials**

*Reservations Recommended*  
**250-935-6433**



## The Cortes

# MARKET

PUBLISHER OF THE CORTES MARKETER



We offer a full line of groceries, fresh produce, meat, deli, ice, dairy - both regular and organic, when possible.

Health and beauty products, hardware, office services, DVD rentals, and garden supplies. Phone cards are available.

We have a full line liquor store with cold beer and wine.

Our deli has awesome sandwiches made to order. We offer instore baking, outsourced calzones, samosas, sausage rolls and meat pies.

Our organic espresso, cappuccino and lattes are made with locally roasted Becca's Beans. We also serve regular coffee and tea.

Keno and 50/50 can be played. We also have a BCLC terminal for 649, Lotto Max, BC49, plus Scratch and Win tickets.

Internet service is available with computers donated by the Cortes Island Wi-Fi Society and we have a hot spot for your own wireless connection.

Cortes Market is the publisher of the Cortes Marketer with Buy and Sell classified, editorials, events and services offered on the island. New editions come out Fridays with all the latest happenings. Pick up your copy at the Market.

We are a home to the Market Take-out offering fish&chips, burgers, ice cream, hot and cold drinks, and more. Ample sitting space available. Call 250-935-0075 for more info, or to place your order.

Located in uptown Mansons Landing. Delivery available on minimum orders.

**SUMMER HOURS 7 DAYS A WEEK 9 A.M. TO 9 P.M.**

809 Sutil Point Rd. in uptown Mansons Landing  
(across from Community Hall)

**Phone 935-6626 • Public Fax 935-6619**  
**cmarket@twincomm.ca**



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## WELCOME TO SQUIRREL COVE!

We have many amenities and services for you at Squirrel Cove. **The General Store** has everything from fresh fruit, vegetables, organic and regular meat, dairy and baking, ice-cream cones, chocolate bars, chips and pop, and ice. Our meat is grass fed and we carry many gluten-free products.

We stock charts and maps, fishing gear and licenses, prawn traps and oyster knives. A full hardware store with marine supplies and batteries is on premises.

Fuel available: PROPANE & GAS. **A Gov't. Liquor Store, ATM Machine and Post Office** are in the store. Free Wireless Internet Service is accessible.

Our newest addition is **THE FLYING SQUIRELL TAKE OUT.**

An affordable fast food menu with difference:

Local seafood, gluten free items, burgers of all kinds, kid's favs, and much more.

**Fuel is available on our dock for high tide boat gas and diesel.**

We have **Laundromat and Showers** facilities, a high water dock for floatplane or boat tie-up, a boat ramp for launching and a beach for kayaks / canoes to launch.

Overnight parking is available.

**The Cove Restaurant: World Class Food, Fantastic View**  
**250-935-6350**

Every Sunday, during July and August, there is an **Outdoor Market** for local craftspeople, bakers and farmers to sell their products.

Please come by to visit and enjoy our most spectacular view of Desolation Sound.  
We are the store with the awesome view.

If you need something, we probably have it; if we don't, we'll get it for you.

Our friendly staff is always happy to make your visit to Squirrel Cove most enjoyable.

**SQUIRREL COVE STORE: 250-935-6327**

[www.squirrelcove.com](http://www.squirrelcove.com)  
[squirrelcovetrading@yahoo.com](mailto:squirrelcovetrading@yahoo.com)

**Summer Hours are 7-9 every day except 9-6 on Sunday.**

*Fresh • Local • Organic*

# STORE

## *The Cortes Natural Food Co-op*

is a full-service, member-owned grocery store.

You don't have to be a member to shop ~ *everyone is welcome!*

- Fresh, local & organic produce
- Local & organic eggs
- Dairy & cheeses
- Local salmon & tuna
- Organic & local meat
- Bulk foods
- Local crafts & gifts
- Vitamins & health products
- Body care products, tinctures & remedies
- Household products
- The latest DVDs for rent
- Ice cream, snacks & treats



*"Visit the Heart of the Village"*

**Summer Store Hours:**

**9AM to 8PM Daily      10AM to 7PM Sunday**

**250-935-8577**

*Everyone Welcome*

# CAFE & BAKERY

## *The Cortes Natural Food Co-op*

is the place to meet friends, enjoy great coffee and tasty treats  
and pick up freshly baked bread.

- Fresh bread & baked goods
- Local & organic ingredients
- Daily breakfast & lunch specials
- Comfortable seating  
indoors & in courtyard
- Locally-roasted coffee  
& espresso drinks
- Regular summer events
- Gluten-free & special diet options
- Wi-Fi available
- Pizza on Friday evenings



**CORTES**  
NATURAL FOOD  
**CO-OP**

*Downtown Mansons Landing*

**Summer Cafe Hours:**

**9AM to 3PM Daily**

**250-935-6505**

## CHILD CARE

Need child care while on Cortes? Call Odette at Creative Children's Programming & Child Care, offering Child Care by a licensed educator/guide, at Larsen's Meadow (a garden home in the forest).

See Facebook page Harvestsong Child Care:

<https://www.facebook.com/pages/Harvestsong-Child-Care/476294405753334?ref=hl>.

## CORTES BODYWORK

There are wonderful yoga and bodywork studios on the island. While on Cortes indulge yourself and take a session or two with local practitioners! See ads in this book, check Calendar on Tideline, or call Hollyhock Store for services offered there.

## CHURCH SERVICE

There is an Anglican church service every second Sunday at 2:30 pm in the Church St. Saviour by the Sea, Cortes Bay. Occasionally there is also a church service in the Whaletown church - please refer to Cortes Marketer and Tideline notices.

## RECYCLING AND GARBAGE PICKUP

Cortes Recycling Centre is located at 1300 Squirrel Cove Road. Garbage pickup is on Saturday - place your bagged garbage before 9 am in an animal proof container at the beginning of your driveway, or bring it to the Centre - you can then visit our Free Store! Your recyclables (paper, glass, metal, plastic), sorted, will be picked up on the same day. To help with garbage pickup separate it into 4 categories:

1. Glass; in a container that can be taken away – all glass, including refundables,
2. Refundable Items; in a container that can be taken away – includes plastic, aluminum, alcohol, pop, juice and water but not milk cartons (Mixed Recyclables),
3. Mixed Recyclables; in a container that will be emptied - clean, loose and mixed. No soft plastics, styrofoam, glass, or tissue. See <http://recyclinginbc.ca/program/mmbc-materials-list/> for a complete list of acceptable items,
4. Landfill - one or two clean, securely tied bags weighing less than 10 kg each.

## GATHERING PLACE

- is a family owned business located on Cortes Island, offering tea, spices and other products. The company is committed to organic farming, sustainability and social responsibility. Look for their products in local stores, on-line at [www.gatheringplacetrading.com](http://www.gatheringplacetrading.com), at Friday Market, or call 250-287-7571.

## LOCAL PRODUCE

You can get local products, such as Becca's Coffee, frozen salmon, tuna, oyster and salmon cans in the local stores in Mansons (Cortes Market, Food Co-op), Squirrel Cove Trading Company and Gorge Marina Store. Linnea Farm and weekend markets are good places to get fresh, island vegetables.

## CYCLING

Cycling is a great way to explore the islands. Traffic is light and the roads are pleasant, scenic, and mostly paved. However, there are lots of hills and curves, so you will be safest and most comfortable on a bike that is in good repair and has a wide gear range. There are also great opportunities for mountain biking and trail-riding: on Cortes Island, the **Siskin Lane trails** are easy and quite flat, while experienced mountain bikers enjoy the more challenging trails around **Carrington Bay**. Quadra also offers a wide range of trail options, from the serene Community Centre trails to challenging 400 m descents around Mt. Seymour.

On Cortes Island, **Dandy Horse Bikes** offers rentals and service: email [bicycle@gicable.com](mailto:bicycle@gicable.com).

**Quadra Island Cycle**, located 250 m south of the Cortes Ferry Depot on Quadra Island, offers repairs, rentals, tours and sales, specializing in electric-assist bikes. Quadra Cycle will drop off bikes at ferry terminals and resorts, and offers free loaner bikes. See [www.quadraislandcycle.com](http://www.quadraislandcycle.com).

# Gathering Place



Gathering Place is our family business on Cortes Island, BC. We live in community and work toward a more sustainable world everyday. We source organic teas, spices, sea salt and dried fruit directly from family farms and co-operatives in Canada and around the world. We meet every one of our partners face to face, shake their hands, and visit their farms so that we can deliver the freshest, tastiest products directly to you from the farmers who grew them. We donate 1% of our sales to local grassroots projects, preserving our forests and oceans, as well as to children in need in India and South Africa.



Thanks for supporting our local, family business! With Gratitude!

♥ *Lovena and Ryan Harvey*

To purchase our products, shop at Local Stores or go to our website !

**SEE YOU AT THE FRIDAY MARKET for JULY and AUGUST !**

**[www.gatheringplacetrading.com](http://www.gatheringplacetrading.com)**  
**Gathering Place Trading Company**  
**250-287-7571**



Canada & BC certified organic by PACS 16-658

# ORGANIC MARKET GARDEN WORKSHOP



**Get Your Hands Dirty & Become a Producer!**

Photo by Tamiae Squibb

**July 9<sup>th</sup> ~ July 16<sup>th</sup> 2016**

The world is starved for people able to enrich the planet while improving soil and human ecology.

**You've dreamed of making a life and right livelihood growing food and raising livestock, but are unsure of how to take the next step. This summer at LINNAEA FARM we offer a weeklong program inoculating you with ideas and techniques to get your garden growing!**

**\$1400 includes accommodation**

**[linnaeafarm.org](http://linnaeafarm.org)**

**(250) 935-6747**

Linnaea Farm ~ Cortes Island, BC

# PERMACULTURE DESIGN COURSE

SEPTEMBER 25<sup>TH</sup> – OCTOBER 8<sup>TH</sup> 2016



**FEATURING RICK VALLEY, BRENT HOWIESON & JODI PETERS**

Immerse yourself in Permaculture at Linnaea Farm, where the first Permaculture Design course in Canada was held, and where Permaculture design techniques have been applied for over thirty years. Participants completing this course will receive an internationally recognized Permaculture Design Certificate.

\$1400 includes meals ~ accommodation extra

Register online: [linnaeafarm.org](http://linnaeafarm.org)

(250) 935-6747

NURSERY HOURS  
*Friday & Saturday 10 to 4*



# Fairhaven GARDENS

nursery, landscaping & design

*Local knowledge & supplies for  
beauty & bounty in all seasons.*

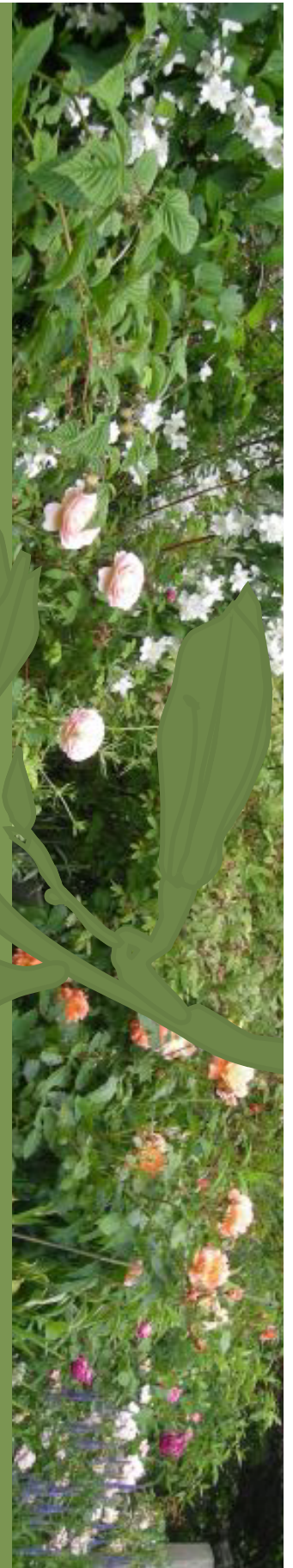
*Ornamental trees & shrubs,  
fruit trees & berries, perennials, conifers,  
broad leaf evergreens, roses, climbers, and  
deer resistant plants.*

*Organic soil amendments including straw,  
peat, manures, seasoils & fish fertilizer.*

*Open seasonally April thru October.*

Laura Ellingsen 250.935.6559

Fairhaven Farm, 1188 Bartholomew Rd, Cortes Island





# FAMILY PORTRAIT SESSIONS!

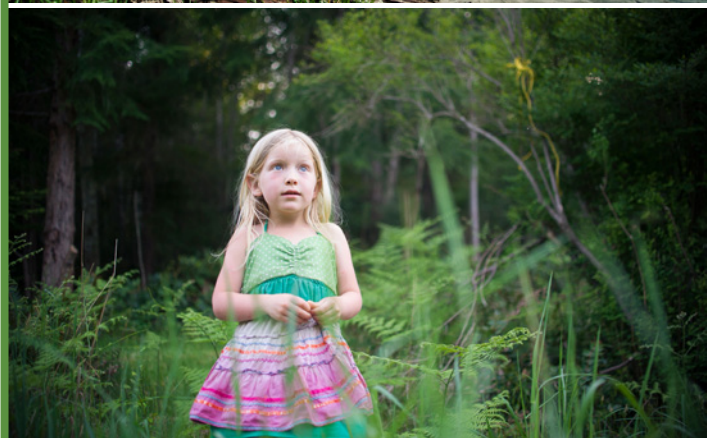
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DARSHAN  ALEXANDER  
— PHOTOGRAPHY —



# HOLLYHOCK

CANADA'S LEADERSHIP  
LEARNING CENTRE

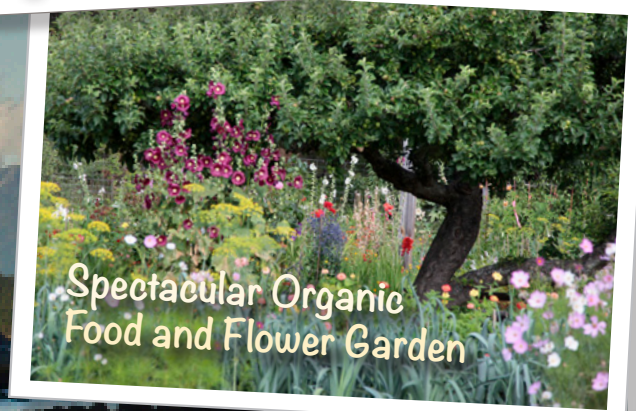
2016

CORTES ISLAND & VANCOUVER, BC

[hollyhock.ca](http://hollyhock.ca)



Cruise and Kayak Excursions



Spectacular Organic  
Food and Flower Garden

## EXPERIENCE

Sumptuous Gourmet Meals  
Scenic Dining Terrace  
Fabulous Bodywork  
Oceanside Hot Tubs  
Spectacular Organic Garden  
Kayak & Cruise Excursions  
Forest & Beach Walks  
Unique Gift Store  
Morning Yoga and Meditation  
Presenter Evenings  
Transformative Programming



For more information and to reserve, call Hollyhock at 250.935.6576 or 800.933.6339

Treat yourself well!

Hollyhock Deluxe  
Half-Day  
ISLAND SPECIAL

The full Hollyhock Experience includes:

- One-hour Hollyhock MASSAGE
- SOAK in our Oceanside Hot tubs
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- Organic Coffee and Tea bar
- Glorious garden walk

Only \$105 plus tax

Call 250.935.6576 x231 to reserve.



Oceanside Hot Tubs



Rejuvenating Bodywork



Garden Inspired Gourmet Meals



Wonderful Beaches

**HOLLYHOCK**  
hollyhock.ca

# Cortes Island Craft Shop Co-op Squirrel Cove

Opening Day - Saturday, May 21



Painting by Carol Trueman

Spring: May 21 - June 26, weekends 12 - 4 pm

Summer: June 27 - September 4, daily 10 am - 5 pm

Fall: September 5 - September 18, daily 12 - 4 pm



The **Museum Building** is history itself. It served as the local store next to the dock at Manson's Landing from 1940 until 1995 after the lagoon area was designated as a Provincial Park. The old store building was fitted with wheels, pulled up the hill and installed on a corner of Firehall No. 1 property.

Exhibits showcase the **Natural and Social Histories of Cortes Island** and include a pioneer kitchen, local birds & mammals, **First Nations Artifacts** and stories, plus photos from homesteading settlers. The Von Donop Shed in the garden stores a variety of logging equipment used in earlier days on Cortes. New feature exhibits are installed each year. A permanent display of the whole island is being added to and growing each year.

The **Museum Shop** sells books, art cards, CDs, and some local art and handcrafts. In addition, the **Museum's Reading Corner** has many albums of old photographs and stories from early settlers. Come in, relax, and browse.

The Museum sponsors **Special Events** such as "**Walks and Talks**" and "**The Creative Spaces - Gardens, Studios & Workshops**" tour in mid-June that are advertised on local bulletin boards, in the weekly Cortes Marketer and on our website.

# Cortes Island Museum & Archives Society

**957 Beasley Road  
Box 422 Mansons Landing BC V0P 1K0**

One block up the hill from Manson's Landing Hall.  
Summer Hours: Tuesday to Sunday 10 am to 4 pm.  
Winter Hours: Friday & Saturday 12 noon to 4 pm.

Admission by donation.

Phone: 250-935-6340

[cimas@twincomm.ca](mailto:cimas@twincomm.ca)

[www.cortesmuseum.com](http://www.cortesmuseum.com)

**Want to know where the best beaches  
or hiking trails are?**

**Where you can camp, or stay?**

**The Museum hosts  
a Tourist/Visitor Information Booth  
with maps, brochures and magazines  
(available always on the covered porch)**

The Museum's **Heritage Garden** preserves pioneer plants. Heritage roses transplanted from old homesteads bloom with other plants such as wisteria and old-time apple trees. This garden reflects settlement history on Cortes, featuring a range of plants introduced to island gardens before the 1950s. It's a fragrant and colourful place to rest and "set awhile" on benches or at our picnic table.

Come sail with us on historic cruises. The Museum Society offers exciting **Cruises in Desolation Sound** waters aboard the charter vessel *Misty Isles*, owned by Cortes residents Samantha and Mike Moore. From May to September this 43-foot motor schooner sets out on different one or 2-day adventures into the stunningly beautiful waters surrounding Cortes Island. Skipper and naturalist Mike Moore offers fascinating background details and entertains guests with First Nations legends and tales of early European exploration. For details on these summer trips see local bulletin boards and publications, phone or visit the Museum for details or to register, or visit [www.cortesmuseum.com](http://www.cortesmuseum.com).

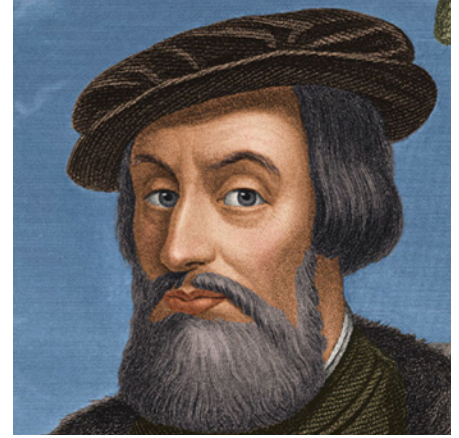
# MARINA ISLAND - THE STORY BEHIND THE NAME

**Marina Island was named** in association with Cortes Island by Spanish captains Galiano and Valdes exploring this area in July **1792**. The name refers to Cortes' famous captive concubine, guide and interpreter, **Marina**.

## Historical Background

After Columbus discovered the West Indies in 1492, the Spaniards seized a number of islands in that area and a piece of land in what is today's Venezuela. Their headquarters was in Cuba, an island conquered in 1511. Cortes took active part in those fights and eventually settled there. He became a prosperous notary. As he was also prospering in other activities, namely in partying and womanizing, he got into trouble which led to his arrest. He managed to bribe the guards and escape, but was captured and faced serious trouble unless he married **Catalina Suárez** - a lady whose reputation he compromised. After choosing the obvious, he disliked both his wife and his protector (her brother-in-law), the Governor of Cuba Diego Velázquez. The Governor took revenge and, in the last minute, forbade Cortes to lead the expedition meant to explore and secure the interior of Mexico for colonization. Because Cortes invested all his resources in preparation to the expedition, and took loans to outfit the ships and buy provisions, he mutinied, ignored the Governor, and set sail for Mexico.

On March 12, 1519, Cortes' fleet dropped anchors at the mouth of the Tabasco (now Grijalva) River, just west of the Yucatan peninsula. The crew split - 400 people were assigned to guard the ships and 200 in skiffs sailed up the river under Cortes' command. They were swarmed by Tabasco warriors in canoes, but managed to repel the attack. Eventually, on March 25, they encountered thousands of Maya Indians and the battle of Centla plains erupted.



**Hernán Cortés** (1485-1547), contemporary, from internet. There is not a single portrait of Cortes painted during his life.



**Doña Marina**, La Malinche, Malintzin, Malinalli (ca. 1505-1551?), contemporary, from internet

The Spaniards, reinforced with part of their troops they left to guard ships, drove back the enemy with firearms and cannons, producing terror in the Indians. What terrified them more, however, was seeing the Spanish cavalry, which they had never seen. The Indians believed that both rider and horse were one. In the end the Indians lost, owing primarily to the higher technology of the Spaniards' weapons. The Indians lost 800 men, whereas Spaniards had only 2 casualties.

The next day Indians arrived with gifts for the victors - gold, jewelry, precious stones, domestic animals, food, and 20 young women. After baptising them, Cortes gifted the girls to his captains. One of these young slaves, Malintzin, christened Marina, would soon become a very significant person in Cortes' life and endeavours.

**Malinalli** (after the Goddess of Grass), or **Malintzin** in Nahuatl (Aztec language, a *lingua franca* in many parts of Mesoamerica) was born in about 1505 in a small frontier city between the Aztec-ruled Valley of Mexico and the Maya states of the Yucatán Peninsula. Her father, a local leader, died when she was young. After her mother remarried and bore a son, the girl

became an inconvenient stepchild and was secretly sold to merchants. Eventually, she lived with Tabascans and learned to speak their language. She worked as a slave in a Tabascan temple, probably learning midwifery and medical knowledge.

Her ability to speak the native Aztec and acquired Maya languages proved invaluable, as one of Cortes' friends was a Franciscan priest who understood Maya, so he could participate in double translation until Marina could rapidly learn Spanish.

In search of the riches of the great empire Cortes sailed northwest, and on Good Friday he reached an Aztec city he would soon capture and found as Vera Cruz (“True Cross”, because of the day of Crucifixion). He dropped anchors at a small island nearby, which became the modern-day fortress San Juan de Ulúa (hence the Twin Islands’ other name: **Ulloa Islands**, 1945-1962). On Easter Sunday he met two of Montezuma’s Aztec Empire governors. For that occasion, Malintzin (Marina) proved invaluable as translator. Cortes gave some gifts to Montezuma and asked governors to tell the emperor that ships with white people arrived from a great king from the East, who had heard about the greatness of the emperor, and that Cortes soon would pay Montezuma a visit on behalf of the king. In July Cortes’ men took over Veracruz. By this act, Cortes dismissed the authority of the Governor of Cuba to place himself directly under the orders of King Charles V of Spain. To eliminate any ideas of retreat, Cortes scuttled his ships.

Montezuma had already learned about the presence of white men and was convinced that, based on Aztec legend, Cortes was divinely sent as Quetzalcoatl (Feathered Serpent), their returning god, to rule over the **Mexica**. That is why Montezuma was not sending troops to fight the Spanish, but instead warned Cortes not to proceed inland any farther.



The Aztec Empire in 1518

In the meantime, Doña Marina, as she came to be known (or **La Malinche**, as the Spanish pronounced her pre-Christian name) learned Spanish from Aguilar (the Franciscan priest) and was able to perform complete translations for Cortes. Cortes claimed her back from his friend and she became his concubine from then on. With time Cortes genuinely fell in love with her, but he could not legally marry, as he still had a wife in Cuba. Marina became his advisor, as she knew a lot about customs of indigenous people. She was likely behind his decision to make an alliance with

Aztec enemies, who helped to instigate revolt in many towns en route to the capital city of Tenochtitlan.

After entrapping some 5,000 residents of Cholula, a major Aztec religious and mercantile centre, the Spaniards mercilessly slaughtered them all. In November 1519 they entered the nearby capital city of Tenochtitlan as the “guests” of Montezuma. The relationship between the Spaniards and the natives grew increasingly sour. Cortes was forced to leave the city to fight Narváez, another Spanish conquistador sent by Diego Velázquez, the Governor of Cuba, who wanted Cortes arrested and stopped in his unauthorized invasion. Though 900 expedition soldiers outnumbered Cortes 3 to 1, Cortes outmanoeuvred them and took Narváez prisoner. During Cortes’ absence, the unprovoked Spaniards massacred unarmed Aztecs during religious festivities in the Great Temple. To assure their security, the Spaniards kept Montezuma a hostage in his own house. In the subsequent battles with the Spaniards after Cortes’ return, Montezuma was killed on July 1, 1520, or rather murdered, either by Aztecs or the Spaniards, depending whom you believe. The Spaniards were forced to flee the city, but they soon returned strengthened by Aztec enemies. By **1521**, the Aztec empire had fallen to Cortes and his Indian allies. The capital city of Tenochtitlan was destroyed, redesigned and rebuilt in accordance with the Spanish urban standards. In **1524**, the municipality of **Mexico City** was established there, to eventually become the capital of Mexico.

*continued on page 32*

## A Mistress, Concubine or Wife?

Defeated Aztecs considered Malinche their sinister goddess. Since 1521 she lived with Cortes in his palace in Coyoacán (today a suburb of Mexico City), and he was publicly showing her respect and affection. In 1522 she birthed him a son, **Martin**, one of the first known mestizos (people of mixed European and indigenous American ancestry).



Cortes and La Malinche, by Jesus Helguera, ca. 1942

A few months later his wife, **Catalina Suárez**, arrived from Cuba to pay him a visit. For a while, they even slept together, but the marriage was hopelessly childless. Unexpectedly, doña Catalina died one night in mysterious circumstances. Cortes was accused of murdering her and an investigation was launched, ending with Cortes paying compensation to her family. After Catalina's death, Cortes restricted showing himself with Marina in public. During his unsuccessful expedition to Honduras (1524), he convinced Marina to marry Juan Jaramillo, one of his trusted soldiers (1526). The couple had one child – a daughter (Maria). Marina also met then with her mother, who had once sold her into slavery.

Cortes had a brief romance with Isabel, a daughter of Montezuma, and they had a daughter out of wedlock, Leonor. However, Cortes was looking to marry someone of high status, more appropriate to his wealth and power. In 1529 he was granted the noble designation of **don** and was given the noble title of **Marquis of the Valley of Oaxaca**.

He married the Spanish noblewoman **Doña Juana de Zúñiga**. The marriage produced three children, including another son, also named **Martin**, after Cortes' father.

## Doña Marina, or La Malinche?

Before making judgement, maybe it is worth considering the following:

- Marina was born to a royal family, but as a child was sold into slavery by her mother,
- she was the Maya's slave, passed to the Spanish into another slavery,
- she was self-taught, clever, keen to learn foreign languages (Mayan, Spanish),
- she was strong, resilient, adaptable – a great survivor,
- she was brave, loyal, trustworthy, powerful – she probably prevented many more casualties.

Traitor? Well – but to whom? She had no choice over her destiny. Her Aztec mother sold her to the Maya and she became their slave. In turn, the Maya conveniently gifted her to the Spaniards in lieu of their own, and she got into another enslavement. In similarity to the Christmas season on Cortes Island, when a last year's re-wrapped gift is placed again under the Christmas tree to be drawn once again by another happy senior during the Cortes Seniors' Annual Christmas Dinner. In turn... well, maybe stretched a little bit, but it is meant to show how this woman would always deal with obstacles keeping her chin up and... maintaining the nice wrapping.

As a young slave she was probably subject to cult prostitution in a Tabasco temple. The Maya gifted her to Cortes, and he gifted her to one of his good friends as a mistress. When Cortes learned about Marina's linguistic abilities, he reclaimed her for himself, and genuinely fell in love with her. Being already married, he made her his concubine and... the mother of his child.

Still today, many Mexicans believe that La Malinche's betrayal had assisted the Spaniards in destroying their way of life, values and culture, and in the exploitation of the Native American peoples. **La Malinche** (the way Spaniards would read her Aztec name **Malintzin**) – was a pejorative nickname assigned to her by historians, in turn leading to the creation of another word: **malinchista** (malinchist), to describe a person so attracted to foreign values that she/he would lose spirit of nationality (in short: a traitor). It constitutes the cause of deep-rooted Mexican inferiority complex, or self-hatred, for the preference for all things foreign. That way doña Marina has become a scapegoat.

Marina remains an icon of both victimization and treachery in her country's culture to this day and serves as a conflicted **symbolic mother figure** to the people of colonial Mexico.

## Cortes – a Devil, or a Man of His Time?

After a few expeditions, disappointments, and visits to Spain, he died there in **1547** from a case of pleurisy at the age of 62 when en route to Mexico. In his will he requested that his remains be eventually buried in Mexico, and that his family - wives and all the children, legitimate or not - be taken due care of. For several reasons, and to avoid destruction, his body has been moved more than eight times. Today, still unknown to most Mexicans, his bones are resting in the Templo de Jesús in Mexico City with the only statue of Cortes in Mexican territory (by Manuel Tolsa). In his will Cortes provided funds for that hospital and church complex, to be built for the sons of the Aztec warriors who had perished in battle during the Conquest of Tenochtitlan. Today, for security reasons, the access there is restricted.

It is extremely difficult to characterize Cortes – his unspeakable atrocities, his tactical and strategic awareness, the rewards for his native allies along with the rehabilitation of the nobility (including a castle for Montezuma's heirs in Spain that still stands), and his respect for Indians as worthy adversaries.



Aztec sculpture of cacao.

One can 'sweeten' Cortes' image by observing, that he imported cacao beans to Spain, what eventually resulted in chocolate drinks. He started plantations in Mexico, Trinidad, Java, Haiti, and other places in the Caribbean. The Spanish dominated the cocoa industry for many years. Because this was highly profitable, the Spanish kept the details of processing the cocoa private. The work was done by monks, who guarded their secret, until 1580, when a chocolate production plant was built in Spain.

## Marina Island Today



Photo J.T

Unoccupied, except for a part-time caretaker, since the early 1980s Marina is privately owned by a Canadian business magnate, investor and philanthropist from Montreal. The previous owner invested heavily into tree cutting. Due to the wilderness of the terrain, the efficiency of the cutting operation wasn't great - each

tree had to be slid through the forest floor, sometimes for a distances of 5 km. To add to the misery, the 1980s recession struck hard, and the timber prices reached their bottom. After the sale, the island looked like a conscript's hair in the military. Fortunately, it is recuperating well and creates a good habitat for wolves.

Royal Navy surveyors changed Marina Island to Mary Island in **1849**, then changed it back in **1906**. People on Cortes continued using the older name for many years, and some are still doing so. In the early 1900s there were attempts to inhabit the island, and a settler community formed on the east side of the island. In **1910-23** a post office called **Chamadaska** operated there, with a government dock for Union Steamships. For people from the Gorge Harbour area it was easier to row there than to the Whaletown or to the Mansons Landing post offices. Chamadaska is reportedly a native name to describe a passage for whales, and in the earlier days there was an old native village site in the area with this name. The main problem facing prospective settlers was the lack of water – habitants had to row their boat twice a week to get some water supply from the Cortes islanders.

# Hot Yoga

## .... in Whaletown

---

**Hot Yoga is the safest and fastest way to change your body increasing flexibility, strength and balance.**

The yoga studio is heated with high humidity to warm your body and increase circulation. This allows for deep stretching, injury prevention and reduces stress and tension.

The practice is self paced,  
beginners are  
welcome.

We practice every day,  
- please call ahead to  
reserve your space.

Admission is by  
donation.

Namaste.



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**Where:** 1416 Robertson Road

**Times:** Daily

**RSV:** 935-6728

By Donation

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by  
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cell: 250.203.2643

email: [jocelancoty@hotmail.com](mailto:jocelancoty@hotmail.com)

**BODY CARE:** A lifetime interest in Holistic Health prompted Jocelan to pursue deep training in several body disciplines, including Yoga, Reiki, Esalen massage, British Sports Therapy, Cranial/Sacral Therapy, Osteopathic and Lymphatic studies as well as the Science and Application of Essential Oils. All of these practices and more, make up the comprehensive skill set that characterizes her unique approach to compassionate bodywork.

**CARD READINGS:** Life is full of interesting challenges and opportunities. If you would like to have a deeper understanding of your life path, karmic patterns, significant relationships and the important influences on your year, talk to Jocelan about an indepth card reading.

# Realizing Radiance

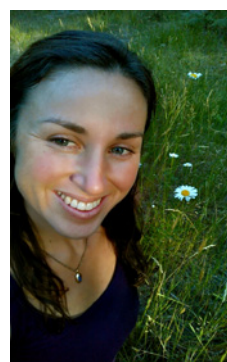
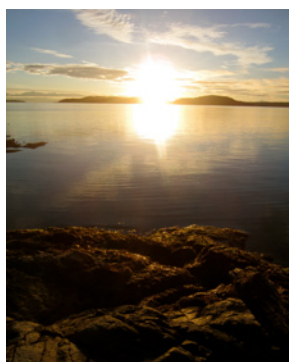
GUIDANCE, COACHING, ENERGY HEALING & BODYWORK

*WITH FIONA ANNE YOUNG, B.Ph.Ed.*

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Relax & Rejuvenate, Heal & Harmonize

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Embody Your Potential  
Realize Your Dreams

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Radiant Wellness Guidance & Coaching

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Would you like to embody greater Health, Happiness, Peace, Presence & Clarity in your life?

Would you like some inspiration, encouragement & support to Clarify Intentions, explore and establish Self Care & Holistic Wellness Practices that suit you & go beyond limitations that have been holding you back? If so, & you'd like some uplifting & experienced support, I invite you to be in touch to see if we are a good match.

~ Available to work through Skype, email & phone, as well as in person.

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## Intuitive Energy Healing

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With more than 13 years experience, Fiona offers this intuitive art, (based in Reiki & complimentary modalities), with great love, reverence & skill. Sessions can facilitate energetic clarity, vitality, emotional release, pain relief, peace & nourishing rejuvenation. This work can be wonderfully transformative & supportive to move through life's challenges, enhance relaxation, insight, overall wellbeing, cellular healing, creativity & more.

*~ Offered in person & by distance. If you'd like to learn more, enquires welcome.*

*"Fiona is a true healer deeply rooted in service with a gigantic heart" Amber*

---

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---

Enjoy a Personalized Fusion guided by your intentions & refined from over 16 years of Bodywork experience. You may also choose to receive a lovely focus of Cranio-Sacral Therapy, Thai Yoga Massage, Deep Tissue Massage, Hawai'ian Lomi Lomi, Sports Massage, Reiki or some Pre/Post Natal Care.

*~ Specialty of 2-3.5hr sessions ~*

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Judith Ansara & Robert Gass, [www.sacredunion.com](http://www.sacredunion.com)

For Enquiries & Scheduling Contact Fiona

[fionalove108@gmail.com](mailto:fionalove108@gmail.com) or 1.250.891.7182 (mobile)



*[www.RealizingRadiance.com](http://www.RealizingRadiance.com)*



# MISTY ISLES ADVENTURES

Sailing, Kayaking and Hiking

Box 137, Mansons Landing, Cortes Island, B.C., Canada V0P 1K0

[www.MistyIslesAdventures.com](http://www.MistyIslesAdventures.com)

(250) 935-6756

[mistyis@island.net](mailto:mistyis@island.net)

## Sea Kayaking



### Bioluminescence Paddles

During the warm months of summer, the plankton which produces bioluminescence proliferates and the fairy dust sparkling that it creates swirls away from our paddles as we kayak under the stars. It makes for a magical evening!

*Cost; \$75 per person, 3 hours*

### Guided Day Trips

Join our naturalist guides as we explore the natural and human history of Cortes Island and the surrounding waters. From sunset paddles to gliding over reefs while the curious seals follow, these trips are a great way to get the feel for kayaking while having a guide there to help you along.

*Cost; 3 hours- \$75, 4 hours- \$85, 5 hours- \$94*



## Misty Isles Half Day Voyages



### Mitlenatch Island or Desolation Sound

Our schooner 'Misty Isles' offers a relaxed and leisurely way to see the area. Sit on the large open decks or help hoist the sails if the wind is right as we voyage to Mitlenatch Island, a large seabird rookery and a wild flower paradise where seals and sealions await. Alternatively, explore Desolation Sound, an area famous for its scenic beauty, where snow capped mountains soar up from the sea. All trips depart from Cortes Island.

*Cost; \$98 per person, 5 hours*

*Taxes not included in prices. Sea kayak rentals and group charter rates for Misty Isles are also available. Give us a call!*



# MISTY ISLES ADVENTURES

Sailing, Kayaking and Hiking

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(250) 935-6756

[mistyis@island.net](mailto:mistyis@island.net)

## Sea Kayak Rentals



### Guided Trips

3 Hour Guided Trip; \$75 per person

4 Hour Guided Trip; \$85 per person

5 Hour Guided Trip; \$94 per person

The waters around Cortes Island are beautiful to explore by kayak and kayaks are available for rent. However for your own safety, we require that all renters have taken at least an introductory sea kayaking class through Misty Isles Adventures or another sea kayaking company. In addition, at least one member of a kayaking group must have the ability to perform rescues. If you wish to paddle by yourself, you must be able to do a self rescue. Misty Isles Adventures would be happy to arrange the requisite instruction for you or alternatively, we invite you to join us on one of our guided paddles, an excellent way to experience being on the water in a kayak but with the instruction and safety provided by a guide.

## Rental Rates

Sea Kayaks	PLASTIC (Single)	COMPOSITE (Single)	PLASTIC (Double)	COMPOSITE (Double)
4 HOURS	\$27	\$32	\$45	\$50
8 HOURS	\$37	\$42	\$55	\$65
24 HOURS	\$45	\$52	\$65	\$75
2-4 DAYS	\$35/ day	\$40/ day	\$50/ day	\$60/ day
EXTRA DAYS	\$30/ day	\$35/ day	\$45/ day	\$55/ day

For more information on kayak rentals or to book a kayak, **phone 935-6756** or ask any of our guides. Our schedule fills up quickly so give us as much advance notice as you can.

[www.MistyIslesAdventures.com](http://www.MistyIslesAdventures.com)

(250) 935-6756

[mistyis@island.net](mailto:mistyis@island.net)

# MISTY ISLES ADVENTURES

## 2016 SAIL AND KAYAK SCHEDULE

### [www.MistyIslesAdventures.com](http://www.MistyIslesAdventures.com)

The waters that surround Cortes Island are in an area of incredible beauty. Throughout the summer, we have scheduled guided kayaking day trips and sails onboard the schooner Misty Isles. These trips are open to everyone and no experience is required.

**Guided Afternoon Kayak Paddle** - Learn about the joy of paddling a sea kayak with the safety provided by our naturalist guides. Paddling with the seals and eagles, we will also learn about the natural and human history of the area. Conditions permitting, we hope to see the First Nations pictographs at the mouth of the Gorge or explore the extensive reefs south of Smelt Bay. Cost: \$85. Meet on the Hollyhock Garden Deck at 1:30 pm and return by 5:30 pm.

**Manson's Lagoon Sunset Paddle** - Join our naturalist guides as we paddle from the lagoon into the golden light of the setting sun. Come float with the seals while the eagles watch from above. This is a nice peaceful way to be out on the water under the care of a kayak guide. Cost: \$75. Meet on the Garden Deck at 7:30pm, return back to Hollyhock at about 10:30pm.

**Bioluminescence Paddle at Manson's Lagoon** - With our guides, we will paddle from the lagoon off into the sunset, then explore the night sky and play in a marvel of nature-bioluminescence. **What is Bioluminescence?** It is the light given off by some of the tiny plankton when you agitate the water with your hand or paddle. Imagine **Fairy Dust** swirling from your finger tips..... Cost: \$75. Meet on the Hollyhock Garden Deck at 7:30 or 8pm and be back around 10:30 or 11pm.

**Misty Isles Cruise to Mitlenatch Island** - Join us onboard our 43 foot schooner as we voyage to explore Mitlenatch island, the largest seabird nesting rookery in the Strait of Georgia and a wild flower paradise. Cost: \$98. Meet on the Hollyhock Garden Deck at 1:30 pm, return about 6:30.

**Misty Isles Cruise to Desolation Sound** - With mountains towering overhead and picturesque islands and channels below, the spectacular scenery and warm summer ocean temperatures (very swim-able) make Desolation Sound the premier cruising ground for yachts in the Pacific Northwest. Cost: \$98. Meet on the Hollyhock Garden Deck at 1:30 pm, returning at about 6:30.

**FOR MORE INFORMATION OR TO REGISTER CALL THE HOLLYHOCK STORE (250) 935-6576  
OR MISTY ISLES ADVENTURES (250) 935-6756, [www.MistyIslesAdventures.com](http://www.MistyIslesAdventures.com)**

AFTERNOON PADDLES	SUNSET PADDLES	BIOLUM PADDLES	MISTY ISLES MITLENATCH	MISTY ISLES DESOLATION
Fri, May 13	Thurs, May 12	Sat, July 23	Tue, May 17	Fri, July 15
Tue, May 24	Mon, May 16	Thurs, July 28	Tue, May 24	Wed, July 20
Sun, May 29	Fri, May 20	Sat, July 30	Sun, May 29	Mon, July 25
Fri, June 3	Mon, May 23	Mon, Aug 1	Fri, June 3	Mon, Aug 8
Wed, June 8	Sat, May 28	Sat, Aug 6	Mon, June 13	Fri, Aug 12
Mon, June 13	Thurs, June 2	Thurs, Aug 11	Fri, June 17	Wed, Aug 17
Fri, June 17	Mon, June 6	Sat, Aug 13	Wed, June 22	Mon, Aug 22

AFTERNOON PADDLES	SUNSET PADDLES	BIOLUM PADDLES	MISTY ISLES MITLENATCH	MISTY ISLES DESOLATION
Wed, June 22	Sun, June 12	Mon, Aug 15	Sun, June 26	Fri, Aug 26
Sun, June 26	Thurs, June 16	Sat, Aug 20	Fri, July 1	Wed, Aug 31
Fri, July 1	Mon, June 20	Thurs, Aug 25	Tue, July 5	Mon, Sept 5
Tue, July 5	Sat, June 25	Sat, Aug 27		Fri, Sept 9
Fri, July 11	Thurs, June 30	Mon, Aug 29		Tue, Sept 13
Sun, July 10	Sat, July 2	Sat, Sept 3		Mon, Sept 26
Wed, July 20	Mon, July 4	Thurs, Sept 8		Fri, Sept 30
Mon, July 25	Sat, July 9	Mon, Sept 12		
Fri, July 29	Thurs, July 14			
Wed, Aug 3	Fri, July 16			
Mon, Aug 8	Mon, July 18			
Fri, Aug 12	<p style="text-align: center;"><b>NEW THIS YEAR !</b></p> <p style="text-align: center;">New this year are three overnight trips, with accommodation on Twin Island.</p> <p>Twin Islands has always had a sense of intrigue and mystique about it. It is literally, a place fit for royalty. Queen Elizabeth has twice stayed at the lodge. And the island has always been off-limits to visitors, but now, the owner Mark Torrance has invited Misty Isles Adventures to bring people there. There are extensive gardens and forest paths to explore. Our meals will feature food grown on the island. And we will be able to learn about the off-grid systems that keep the services to the island running.</p>			
Wed, Aug 17				
Mon, Aug 22				
Fri, Aug 26				
Wed, Aug 31				
Mon, Sept 5				
Fri, Sept 9				
Tue, Sept 13				
Wed, Sept 21				
Mon, Sept 26				
Fri, Sept 30				
Wed, Oct 5				
Tue, Oct 11				

## ADDITIONAL SPECIAL EVENTS!

**The Cortes Island Museum and Misty Isles Adventures team up to offer these spectacular natural and human history tours!!**

- ⇒ **May 14<sup>th</sup>**. The flowers are in bloom as the sea-lions growl on Mitlenatch! Mating gulls and nesting cormorants- this island is a happening place! \$130 Tax included.
- ⇒ **June 11 & 12<sup>th</sup>**, Mitlenatch and Twin Islands, same great nature trip but we also get to stay overnight on Twin Island. Stay in the lodge where Queen Elizabeth slept and explore the gardens, paths and off grid systems of this remote island. \$400 Tax included covers all meals and accommodations. **NEW THIS YEAR !**
- ⇒ **June 19<sup>th</sup>**. Departing from Cortes Bay, Misty Isles will cruise through Desolation Sound enroute to Dinner at the Laughing Oyster Restaurant. Bring Dad along for Father's Day, one of the longest days of the year!  
Cost is \$95 Tax included for transport only. Guests pay for their own meal at the restaurant.
- ⇒ **July 14-16<sup>th</sup>**, A three-day kayak exploration of Twin Island and the surrounding area. Views of the Desolation Sound mountains, sandy beaches, granite cliffs and abundant wildlife make this a great place to paddle and our guides will make the natural and human history come alive with their stories. Then sleep in the lodge, a place fit for royalty. \$750 Tax included covers all meals and accommodations. **NEW THIS YEAR !**
- ⇒ **August 5<sup>th</sup>**. The tides are right this day for Misty Isles to navigate the famous tidal rapids of Surge Narrows and The Hole In The Wall as we circumnavigate Maurelle Island. With its narrow channels and backdrop of mountains, this is a beautiful area to explore. \$130 Tax included.
- ⇒ **July 22<sup>nd</sup> & Aug 13<sup>th</sup>**, Come and see what makes this area the premier cruising ground for yachters in the whole Pacific Northwest. Set against a backdrop of soaring mountains and warm waters, Captain Mike tells stories of the First Nations people, explorers and pioneers. \$130 Tax included.
- ⇒ **August 24 & 25<sup>th</sup>**, Cassel Lake and Twin Island; take a voyage to Teakerne Arm and see the waterfall that Captain Vancouver's men used as a spa. We'll swim in Cassel Lake and then overnight on Twin Island and stay in the lodge where Queen Elizabeth slept, explore the gardens, paths and off grid systems of this remote island. \$400 Tax included covers all meals and accommodations. **NEW THIS YEAR !**

**Call the Museum at (250) 936-6340 or email at [cimas@twincomm.ca](mailto:cimas@twincomm.ca) to register.**  
**[www.cortesmuseum.com](http://www.cortesmuseum.com)**

# FRIENDS OF CORTES ISLAND | FOCI



Friends of Cortes Island Society (FOCI) is a charitable organization that has operated on Cortes for over 25 years. We carry out ecological stewardship and educational programs that aim to promote environmental integrity through community responsibility.

## CURRENT PROJECTS

- ~ Marine Stewardship & Foreshore Monitoring ~
- ~ Educational Resource Library ~
- ~ Maintenance of Kw'as Park, Carrington Bay Park and the Hayes, Gnat, Moon, and Seascape Beach Access Trails ~
- ~ Watershed Sentinel Magazine Publications ~
- ~ Lake Stewardship: Water Quality Monitoring of Hague & Gunflint Lakes ~
- ~ Stream Stewardship ~
- ~ Trail Mapping ~
- ~ Environmental Youth Programs ~



The FOCI Office and Resource Library is located beside Manson's Hall and is open on FRIDAYS from 12-3pm. Come say hello or contact us by phone at: 935-0087



**SUPPORT OUR WORK!  
BECOME A MEMBER**  
[FRIENDSOFCORTES.ORG](http://FRIENDSOFCORTES.ORG)

# CARING FOR OUR LAKES

Hague and Gunflint lakes are one of the highlights of many people's visits to Cortes – whether it is swimming in their tranquil waters, taking a hike around the lakeshore, or just sitting and enjoying their stunning natural beauty. In the spring of 2014, a succession of algae blooms occurred in these lakes, concerning many local residents. Algae blooms can be harmful to lakes because they deplete oxygen during respiration and die-off, and cause an unpleasant smell and taste. With repeated blooms a lake can become low in oxygen, marsh or swamp conditions can result, and the lake can become unhealthy for humans and wildlife. In response to these algal blooms, Friends of Cortes Island Society (FOCI) has established Lake Stewardship initiative. We created this project in order to gain a better understanding of the lake ecosystem, and to identify how our community can become effective stewards of the Hague and Gunflint Lake watersheds.

## What you can do to help

**Our actions on the land around the lakes can greatly affect water quality. Here are some suggestions for how you can help minimize your impact and keep our lakes healthy.**

**Septic systems** that are not properly maintained can cause partially treated wastewater to seep into the lakes. Check your septic system annually, maintain it regularly, and upgrade as necessary. Install new systems as far from the lake as possible. To have your tank pumped, contact: All Clear Septic Service at (250) 285-3561

Don't park on your **septic field** or put heavy objects on it. Soil compaction prevents oxygen from getting into the soil. Oxygen is needed by the microorganisms in the soil to treat sewage. Heavy objects can also crush your septic tank or pipes and cause the septic field to fail.

Don't put paints, varnishes, thinners, waste oils or pesticides down the drain. These **toxins** kill bacteria that work in your septic system. Make sure they are stored properly – if spilled they can pollute groundwater and be carried by run-off into the lake. These items can be disposed of at the Campbell River Bottle Depot: (250) 287-4224

**Outhouses** should not be located close to the lake, or on a slope that drains towards the water. Please remove them, or site them as far from the lake as possible.

Use only **phosphate-free soaps and detergents**. These are readily available at all island stores.

Avoid the use of **inorganic fertilizers**, which typically contain nitrates. Organic manures can also leach nitrates into the water table, so they should be allowed to **compost well** before being used on your garden or lawn.

**Reduce your water flow** by using low-flow showerheads, faucets and toilets; limit flushing; use washing machines and dishwashers only when full and use sparingly. A brick in the toilet also means less water with every flush!

Situate **farm animals** far from the lakeside, divert water flow from animal pens, and treat any outgoing effluent. Construct adequate manure storage facilities. Leaching manure piles are a source of nitrates.

Please **preserve lakeside vegetation**, which is important wildlife habitat, prevents erosion, and helps uptake phosphates and nitrates. Help replant any disturbed lakeside areas and avoid clearing land near the lakeshore.

Contact us to **volunteer** with our lake monitoring program or share any research/expertise that you have to offer.

**Make a donation!** Your contribution will help cover the costs of lab analysis, sampling equipment, community education, and ongoing research. Donate online at: **www.friendsofcortes.org** or mail cheques to **Box 278, Manson's Landing, BC, V0P1K0**

**Algal Blooms and You:** Some algal blooms can be toxic and all blooms should be treated with caution. We do not recommend you wade or swim in water containing visible blooms or allow your pets to access affected water. Most blooms are short-lived, and an affected area will likely be safe again in a number of days or a week or two. Please photograph and report any algae blooms to FOCI at: **friendsofcortes@gmail.com** or **935-0087**

## CELEBRATING CORTES STREAMS & STREAMKEEPERS

**Have you ever followed a stream's trickling course** as it meanders from its beginnings to where it flows into the sea? Have you ever sat, still and silent, listening to a stream's song, watching light and shadow in pools and riffles, catching glimpses of shy cutthroat trout or darting water striders? Cortes Island is blessed with healthy streams and wetlands, largely due to the sizeable forest lands on Cortes Island and absence of major industrial activity.

Historically, many of the streams on Cortes Island, even smaller creeks, supported chum and coho salmon returning to spawn in their natal waters during the fall months. Presently, there are 5 streams that still have spawning salmon come back, the numbers varying each year due to many factors.

These streams are: Basil Creek (draining into Lewis Channel at Squirrel Cove), Hansen Creek (draining into the east end of Gorge Harbour), James/Carrington Creek (draining into Carrington Lagoon), Whaletown Creek (draining into Whaletown Lagoon), and Frabjous Day Creek (yes, from "Alice's Adventures in Wonderland", draining into a small bay near Cortes Bay). Basil Creek appears to host the largest number of spawning chum salmon, with estimates of 200-300 hundred most years. Coho are elusive and difficult to monitor, while cutthroat trout are abundant throughout all the streams.

The Klahoose First Nations Fisheries Programme has monitored specific creeks since the 1960s and 1970s, but their long-standing relationship with salmon reaches back through time to distant memories. Active community members began helping the Klahoose with salmon enhancement and spawners counts in the 1980s. Since 2010, a resurgence of interest in Cortes Island streams has developed into the present group of Cortes Island Streamkeepers, who operate within the umbrella organization of FOCI (Friends of Cortes Island).

The long-term vision of the Cortes Island Streamkeepers is to restore historic numbers of spawning salmon to creeks on Cortes. There are a number of activities and projects which have happened to date: Streamkeeper Trainings to educate and train (citizen-science) volunteers; the continued monitoring of spawner counts in cooperation with the Klahoose Fisheries Programme and the Department of Fisheries and Oceans (DFO); live trapping of spring fry emerging from stream gravel beds (through DFO permission); collecting stream data to contribute to the natural history of Cortes and to form a baseline for stream restoration projects. Cortes school children and youth have been incubating coho eggs from the Quinsam Hatchery in Campbell River for over 25 years. Each spring, children gently place tiny coho fry into streams, sending them on their epic journey with a name and well wishes.

There are future streamkeeper aspirations for an in-stream incubation of chum eggs, and stream signage at key locations. Whether you are a resident or visitor, tread carefully in the spring and fall, and take a moment to observe and truly appreciate the life of a stream. You may contact Cortes Island Streamkeepers through the FOCI office via email at [friendsofcortes@gmail.com](mailto:friendsofcortes@gmail.com) or by phone (250) 935-0087.



Streamkeepers training at Larson's Meadow (Hansen Creek) - collecting data.



Chum in upper Basil Creek. Can you find the 2 chum hiding under cedar roots?



School children watching spawning chum salmon at Basil Creek.

"I see one!!"

Photos and text by Christine Robinson, **Cortes Island Streamkeepers**

## NEWTS OF CORTES ISLAND

**The Rough-skinned Newts of Cortes Island** attract a lot of attention, because, amphibian or not, they are cute, almost cuddly.



Great male with enlarged tail during breeding season



Common Garter Snake preying on Rough-skinned Newt

They also get into trouble twice every year, because they are crossing our local roads in several places, either on their way towards their breeding places (ponds and lakes in springtime) or back into their wintering grounds (the forest, in autumn).

Kind souls erect warning signs in appropriate places to ask drivers to slow down and to keep a very keen eye on the road surface.

Herpetologists are very interested in the Rough-skinned Newt (*Taricha granulosa*) as well: it has been described as the most toxic land-vertebrate in North America! Tetrodotoxin (TTX) levels in the newt's skin are high enough to kill a man, if he should be careless (or drunk) enough to swallow one. (Events to this effect are well documented: taking water from a pond and making coffee with it, unaware that a hapless newt had been scooped up, and accepting a drunken dare to swallow a newt whole, are just two examples on record.)

So how can the Common Garter Snake (*Thamnophis sirtalis*) prey on Rough-skinned Newts without coming to harm?

First answer: in a classic example of a predator-prey arms race, the snake has developed a tolerance to the TTX of the newt, even though the latter keeps amping up the toxin levels. To cope with this, the Common Garter Snake has evolved the ability to "assay" the Rough-skinned Newt's toxicity, by taking a tentative bite and then deciding whether to swallow the newt or not !

Second answer: the above photo was taken on Cortes Island, and our Rough-skinned Newts are NOT toxic ! Great Blue Herons gorge themselves on our local newts without ill effects, so do other animals. Toxicity levels are highest in Oregon, taper off throughout Washington State, are nearly zero south of the Juan de Fuca Strait and are not detectable on Vancouver Island and adjacent Gulf Islands. The nearest test result is from Texada Island: zero TTX !

Somewhat mean-spirited experiments have been conducted, wherein Vancouver Island Garter Snakes were offered Oregon newts: without hesitation the snakes swallowed the newts, and without hesitation the snakes died.

Cortes Island Newts are not only very attractive, perfectly harmless and non-toxic, they are also very vulnerable, like all wetland creatures world wide. It behooves us well to look out for them.

---

Photos and text by Christian Gronau

For more articles on Cortes nature by Christian Gronau - see Cortes Island Museum Blog [www.cortesmuseum.com/blog](http://www.cortesmuseum.com/blog)



Photo - Steve Musial



Photo - CT

# GEOGRAPHICAL NAMES IN DESOLATION SOUND

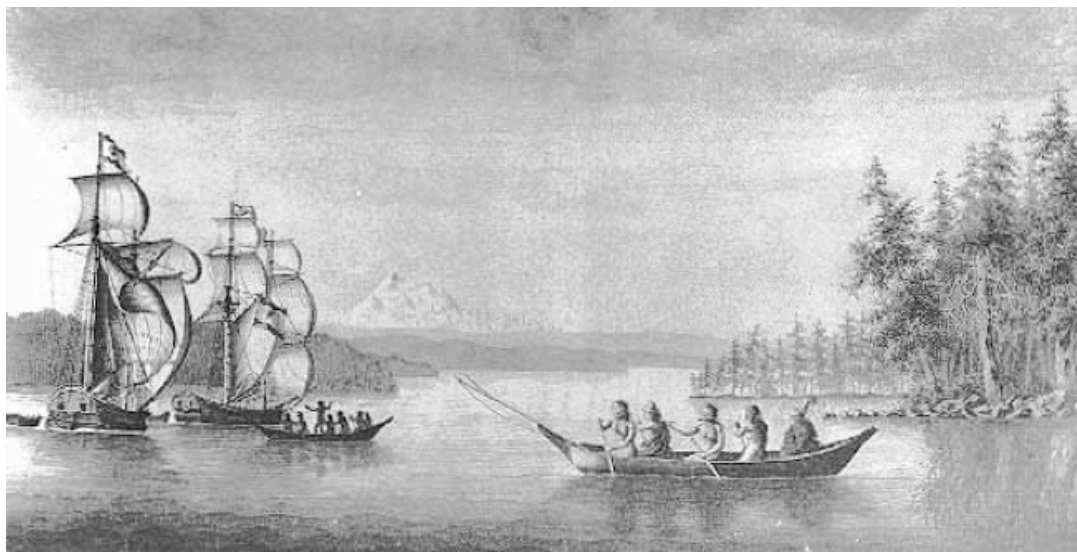
Many geographical names in Desolation Sound were given by Spaniards exploring and charting the area in the late 18th century. Some names are of British origin, and a few are reflecting changes done by hydrographic officials in their attempt to improve and clarify the nomenclature.



## Historical Background

In 1494 Spain and Portugal signed a treaty dividing their newly discovered lands outside Europe. Lands to the west of the demarcation line (46° W, mid North Atlantic), including the Pacific Northwest coast, were assigned to Spain. However, the Brits and Americans had their own opinions and prominent interests in the region. It led to the Nootka Sound dispute between Spain and Britain in **1789**. The Nootka conventions restored peace, but the details were purposely left vague, and the borders unresolved. In **1819** the Spanish claims to the Pacific Northwest were acquired by the United States, and in **1846** Americans signed the Oregon Treaty with the United Kingdom, dividing the disputed territory and establishing what later became the international boundary between Canada and the United States. The assigned geographical names generally remained intact.

**Year 1792:** We will have these moments to remember...🎵



The *Sutil* (leading) and *Mexicana*, newly built sister schooners, during the 1792 voyage around Vancouver Island, drawn by José Cardero, draughtsman of the expedition.

The *Mexicana* is spilling the wind from her sails to slow the ship. Mount Baker is in the background [from Wikipedia].

Captain Dionisio Alcalá **Galiano** (1760-1805) commanded an expedition that in **1792** explored and mapped the Strait of Juan de Fuca and the Strait of Georgia. His vessel *Sutil* and the other vessel, *Mexicana*, under captain Cayetano **Valdés** y Flores (1767-1835), encountered Captain George Vancouver near the mouth of the Fraser River, and he was exploring the same area. The two expeditions shared information and sailed together for a while, parting in the Discovery Islands and returning to Nootka Sound separately. Captain Vancouver arrived there earlier and was the first European to prove that Vancouver Island was an island (i.e. not part of the mainland), whereas Spanish captains were recognised as the first Europeans to circumnavigate that island [see *Vancouver Island* in “Other Names of Interest” below].

## Geographical Names of Spanish Origin

**Cortes Island**, in 1792 by Galiano and Valdes - after Hernan (Hernando) Cortes, Conquistador of Mexico.

**Hardwicke Island**, in 1792 by Capt. Vancouver - as a compliment to Spelman Swine, master's mate aboard HMS *Discovery*, whose protector Philip Yorke was 3rd Earl of Hardwicke.

**Hernando Island** - after Hernando Cortes, by association with Cortes Island.

**Malaspina Inlet**, in 1792 by Galiano and Valdes - after Italian Capt. Alexandro Malaspina of the Spanish Navy, whose expedition ships were in BC waters in 1791 during a circumnavigation of the world.

**Malaspina Strait and Peak**, in 1859 by Capt. Richards [see *Malaspina Inlet* above].

**Marina Island**, in June 1792 by Galiano and Valdes, in association with Cortes Island - after the famous concubine of the Conquistador Cortes [see *dedicated article in this booklet*]. Since 1849 the island appeared as **Mary Island** on British Admiralty charts, but in 1906 it was restored to its original historical name.

**Maurelle Island**, in 1903 by the Geographic Board of Canada - after Lt. F.A. Maurelle who accompanied Quadra on his voyages of exploration in 1775 and 1779, preparing important charts and sailing directions, later used by Capt. Vancouver and other explorers [see *Valdes Island* below].

**Quadra Island**, in 1903 by the Geographic Board of Canada - after Capt. Juan Francisco de la Bodega y Quadra (1744-1794), Spanish Navy, explorer, Governor of Nootka and friend to Capt. Vancouver. Assignment of this name could be a gesture of recompense [see *Vancouver Island* under “Other Names of Interest”]. Originally, Maurelle, Quadra and Sonora islands were known as **Valdes Island**, or **Valdes Group**, as early explorers thought they formed one large feature [see *Valdes Island* below].

**Raza Island**, of Spanish origin and of a somewhat mysterious meaning. Appeared on Capt. Richards' map in 1860. Earlier, in 1792, Capt. Galiano marked it as *Isla Pineda* on his map.

**Redonda Island**, in 1792 by Galiano and Valdes - Spanish word for “rounded”, as they thought that East Redonda and West Redonda islands were one circular body.

**Sonora Island**, in 1903 by the Geographic Board of Canada - after Quadra's 36 foot long schooner *Sonora* which adventured along the BC coast in 1775 [see *Valdes Island* below].

**Subtle Islands** (Camp Island in 1930-1945), in 1945, from British Admiralty Chart of 1865 - “subtle” is a translation of the Spanish word *sutil*. Located just at the entrance to Whaletown Bay, Cortes Island.

**Sutil Channel**, in 1945 (as labeled on British Admiralty Chart 1865 et seq.) - after the Spanish schooner [see *Sutil Point*].

**Sutil Point** (southern tip of Cortes Island), in 1792 by Galiano and Valdes - after the Spanish schooner *Sutil*, which under Galiano and in company with *Mexicana* under Valdes, explored the area in 1792.

**Toba Inlet**, in 1792 by Galiano and Valdes - a misspelling of the Spanish word “tabla” for table, plank, or board; referring to carved and painted Klahoose creations they found there.

**Valdes Island**, likely in 1792 – after Cayetano Valdes. Originally thought to be one large land mass. In 1870s, after it was realised that there were three islands, they were called the **Valdes Islands** or Valdes Group. Only in 1903 did they receive individual names: *Maurelle*, *Quadra*, and *Sonora* Islands [see *another Valdes Island* under “Other names of interest”].

*continued on page 48*

## Geographical Names of British Origin

**Desolation Sound**, on July 5, 1792 by George Vancouver - food was scarce, the view gloomy, so Vancouver gave this name to describe his reaction to the scene. Only the “agreeable society” of Galiano and Valdes relieved the monotony.

**Johnstone Strait**, July 13, 1792 by Capt. Vancouver - after Mr. James Johnstone, Master of HMS *Chatham* who carried out much of the detailed survey of the coast.

**Rendezvous Islands** - ? (history not known).

**Read Island**, in 1864 by Lt. Daniel Pender, commanding officer of Capt. William Viner Read, a naval assistant at the British Admiralty’s hydrographic HQ in England.

**Savary Island**, in 1792 by Capt. Vancouver - called in Vancouver’s Voyage “Savary’s Island”. The source has not been identified.

**Stuart Island**, in 1792 by Capt. Vancouver – after Scottish nobleman John Stuart, 3rd Earl of Bute, who was British PM in 1762-63 and an important patron of literature and art with a keen interest in botany.

**Thurlow Islands** (East T. and West T.), on July 16, 1792 by Capt. Vancouver – after Baron Edward Thurlow, Lord Chancellor of Great Britain in 1778-1792.

**Twin Islands** – a purely descriptive name. In fact, these two islands constitute one island, as in the 1950s they were connected by a narrow 300 foot causeway. Privately owned. In **1945-1962** renamed **Ulloa Islands** to align the name with nearby Cortes, Hernando and Marina Islands. Ulloa is the place in Veracruz, Mexico, where Cortes and La Malinche (Marina) first met [see dedicated article in this booklet]. The island served as a private retreat for Queen Elizabeth and Prince Philip during royal tours - the Queen stayed on the island with Princess Anne in 1971 and again with Prince Philip in 1994. Ginnie Ellingsen of Cortes Island cooked meals for the Queen during HM’s 1994 stay there. At that time the owner was Maximilian, Margrave of Baden, of Baden-Baden, Germany, whose mother was one of Prince Philip’s four sisters. Cortes Islanders had issues with the hidden nature of this property sale in 1997 and with excessive tree cutting that followed. This interest was also generated by the fact that Twin Islands are under the Official Community Plan of Cortes Island and are zoned Rural residential - ten acre zoning. The current property owner (since 1999) saved the Twin Islands from further tree cutting and established the internet network **twincomm.ca** for the benefit of Cortes Islanders.

**Uganda Passage** (between Marina Island and Cortes Island), in 1945 - after HMCS *Uganda*, a former British light cruiser. Uganda was a British protectorate in 1894-1962.

## Other Names of Interest

**Discovery Islands** - an archipelago between Vancouver Island and the mainland, whose waters connect the Strait of Georgia with Johnstone Strait and Queen Charlotte Strait. Sometimes considered to be part of the Northern Gulf Islands. Only Quadra Island and Cortes Island have ferry service. Located in the Strathcona Regional District (except Hernando and Savary, which are in the Powell River R.D). There is an Island named **Discovery Island**, located east of Victoria and named after HMS *Discovery*, Vancouver’s ship from his 1791-95 voyages (this is not the HMS *Discovery* from Cook’s 1776-80 expedition, aboard which Vancouver was a midshipman).

**Nootka Sound**, in 1778 by Capt. James Cook (1728-1779) - he first named it King George’s Sound but re-named it Nootka because he thought this was a native name.

**Spanish Bank** (west of English Bay in Vancouver), in 1859 by Capt. Richards - after the fact that in June 1792 Vancouver met the two Spanish schooners *Sutil* and *Mexicana* at this point. The name English Bay also pays tribute to this historic meeting.

**Strait of Georgia**, on June 4, 1792 by Capt. Vancouver - after HM King George III on his 54th birthday. Vancouver confined the existing (1791) Spanish name *Gran Canal de Nuestra Señora del Rosario la Marinera* (abbreviated to *Gran Canal del Rosario*) to the channel between Texada I. and the mainland (today’s Malaspina Strait).

continued on page 50

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## *Geographical Names in Desolation Sound - continued from page 48*

In 2008 the Chemainus First Nation proposed to rename the strait as the “**Salish Sea**”, with provincial support. However, because Coast Salish peoples are a loose grouping of many tribes with numerous distinct cultures and languages, and the claimed territory spans the entire Strait of Georgia with Puget Sound, Olympic Peninsula and parts of Oregon, the proposal became a transborder issue. The Americans were working on a similar initiative, originated in 1989 by Professor Bert Webber, a marine biologist from Western Washington University. In 2009 the United States Board on Geographic Names approved the name, and the Geographical Names Board of Canada followed a year thereafter. Thus, in both countries, the three bodies of water – Puget Sound, the Juan de Fuca Strait, and the Strait of Georgia, officially retained their respective names, but the “estuarine inland sea” that they form together is now called the **Salish Sea**. This is also meant to recognise the aboriginal communities that have historically inhabited the coasts of this inland sea.

**Texada**, in 1791 by Narvaez - while commanding the *Santa Saturnina*. The name Tejada was first applied by the Spaniards to the smaller island in honour of a Spanish rear admiral, Felix de Tejada. Vancouver decided to apply it to the larger island instead, but in copying it from a Spanish chart he made a mistake and spelled it “Fevada” on his chart. It was later changed to its present form Texada.

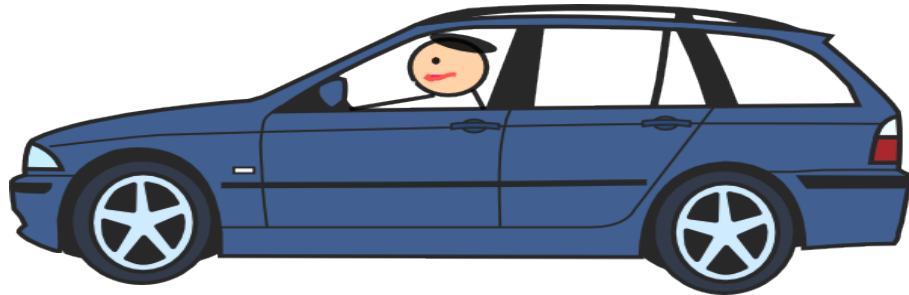
**Valdes Island** (off Nanaimo, between *Gabriola* and *Galiano Islands*), in 1859 by Capt. George Richards.

**Vancouver Island** - the island was first explored by Europeans when British and Spanish expeditions arrived in the late 18th century. It was originally named **Quadra’s and Vancouver’s Island** in commemoration of the friendly negotiations held by the Spanish commander of the Nootka Sound settlement, Juan Francisco de la Bodega y Quadra, and by British naval captain George Vancouver in Nootka Sound in 1792, to find a solution to the Nootka Crisis. With time Quadra’s name was omitted, and the island’s name was reduced to Vancouver Island, as it stands today.

Sources: BC Geographical Names Search website [geobc.gov.bc.ca](http://geobc.gov.bc.ca); *British Columbia Coast Names* (by Captain John T. Walbran); *The Encyclopedia of Raincoast Place Names* (by Andrew Scott); website [bc.canadagenweb.org/bc\\_placenames.htm](http://bc.canadagenweb.org/bc_placenames.htm); Wikipedia, and other internet and local sources.

By Jerzy Trzesicki, Cortes Island

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## TRANSPORTATION

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**Quadra Taxi and Tours:** 1-250-205-0505

For transportation on water, or just for fun - use water taxi:

**Discovery Launch Water Taxi:** 250-287-7577 - between Cortes and Campbell River.

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Need to bring large items to Cortes? Call **Lane 8 Delivery Services** or **Cortes Connection**.

**GAS:** Diesel and boat gas, also regular gas, are available at the **Gorge Harbour Marina** in Whaletown and at **Squirrel Cove Store**.

## CAR AND BIKE REPAIRS

There are no car repair shops on the island. For emergency repairs call Richard@250-204-6567, located in Mansons. For bicycle repairs, rentals and sales, or... if you forgot your bike helmet - call Andrew of **Dandyhorse**@250-935-6647 or 250-857-3570, located in Mansons, or **Island Cycles**@250-285-3627 on Quadra Island, close to Heriot Bay.

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Twincomm is a locally-based internet service provider (ISP) on Cortes Island and serves approximately 300 Cortes customers in the communities of Manson's Landing, Squirrel Cove and Whaletown. Founded in 1999 and named after Twin Islands (south-east of Cortes), Twincomm employs two full-time and two part-time employees along with three casual positions.

Internet services are delivered by a broadband wireless network from internet connections in Campbell River (Vancouver Island), Lund (Mainland) and Manson's Landing. Twincomms' over 550 customers range from Cortes Island, west to Quadra Island, east to Lund, and as far south as Texada Island. We continue to provide competitive internet experiences for residents and visitors of island and rural communities, such as beautiful Cortes Island. Feel free to contact us for your internet needs.

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There is limited/spotty cell phone reception and wireless internet access on Cortes Island. For example, while there is cell phone reception near the landing at the Whaletown Ferry Terminal, there is no cell phone reception just up the hill from this landing. Other sites with cell phone reception can be found in the vicinity of Gorge Harbour Marina and "downtown" Mansons Landing, as well as in many areas near the ocean (i.e., at Mansons Lagoon, Hank's Beach, Smelt Bay, Squirrel Cove, Hollyhock parking lot, etc.).

Wireless internet is available at Mansons Hall, the Cortes Natural Food Co-op, the Squirrel Cove General Store, and Cortes Market, among other local stores. Some stores may charge a small usage fee for wireless internet access.



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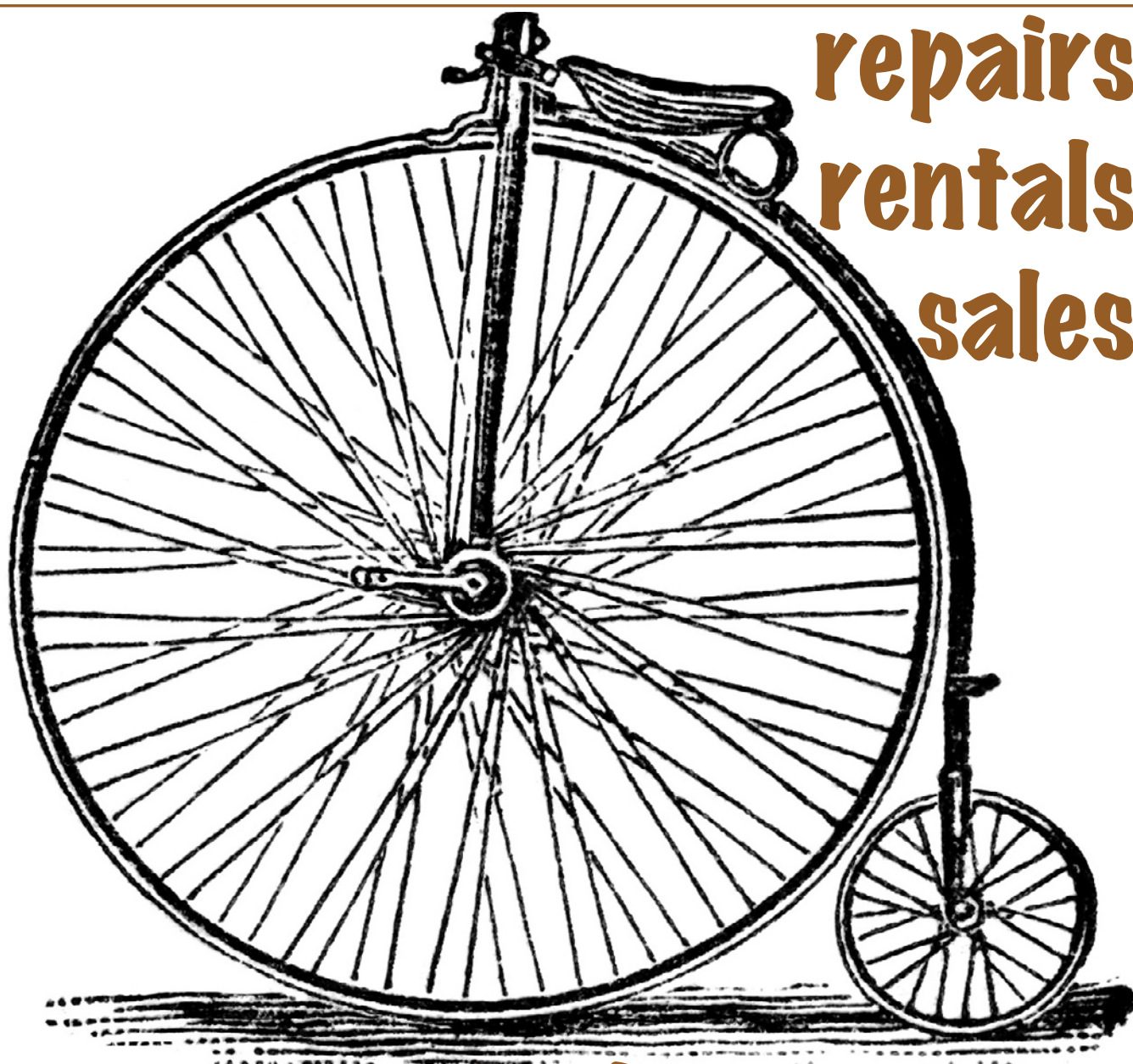
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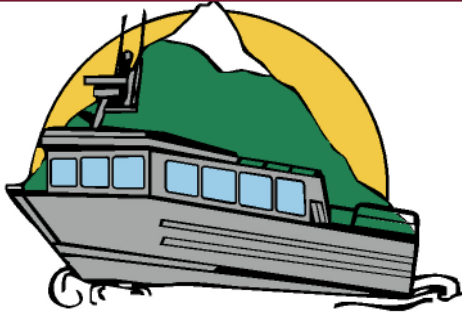


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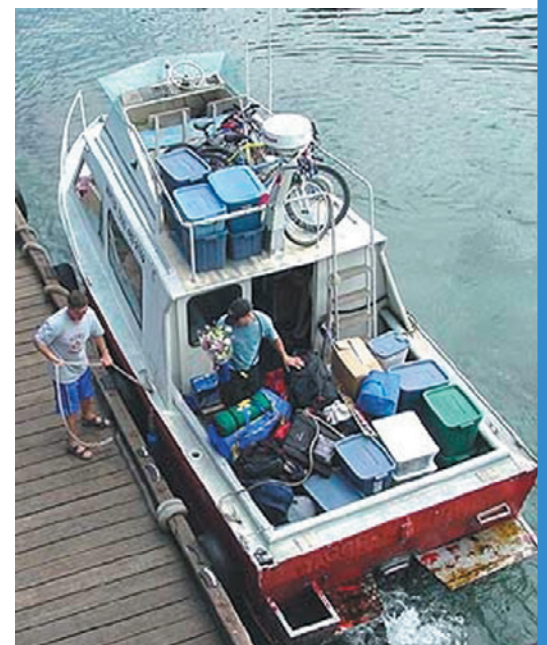


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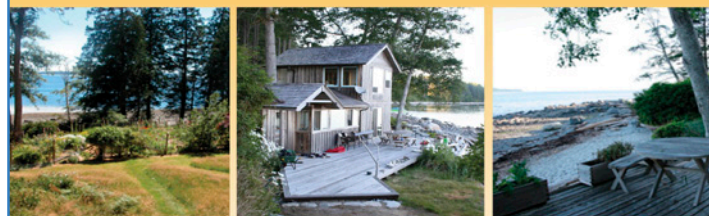


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**CIBATA**, a registered BC Society and a committee of Discovery Islands Chamber of Commerce, is a community group formed to drive economic and holistic community development and to initiate activities that promote business and the island as a whole.

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[www.ourCortes.com](http://www.ourCortes.com)

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## WOLVES ON CORTES

There are wolves on Cortes. We need to follow some rules to keep us, and wolves, safe:

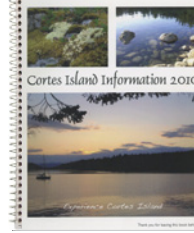
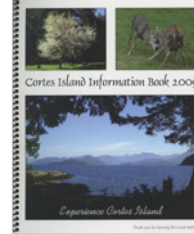
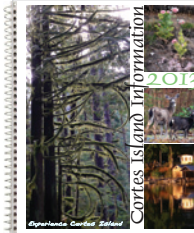
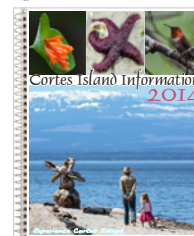
1. **Never feed wolves.**
2. **Do not feed deer or raccoons.**
3. **Keep yourself safe.** HAZE wolves, wave your arms to make yourself look bigger, shout loudly and use noisemakers.
4. **Keep your pets safe.** Dogs must be leashed when walked. Do not leave pet food outside. Do not take your dog when walking in natural areas frequented by wolves - Carrington Bay, Von Donop Inlet, Hank's Beach, Marina Island, etc.
5. **Practice good animal husbandry.** All livestock must be secured by sturdy fence.

Report wolf sightings to the FOCI office@250-935-0087.



## Past Issues

(Collect Them All)



- Parks
  - Maintained Roads
  - Foot trails or private access
- Most "roads" not shown are someone's driveway!

- Anchorage
- Public telephone
- Picnic area
- Public toilets
- Hydro Pole number
- Old homestead site





*Experience Cortes Island*

To have your business included in 2017 edition,  
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[cortesinfobook@gmail.com](mailto:cortesinfobook@gmail.com)